

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Women 60 Meter Dash**

Facility: 7.30 F 2/15/2020 Kiara Grant, Norfolk State

Name	Yr	School	Prelims	H#
Preliminaries				
1 Akpan, Sarah	SO	Virginia	7.54 q	4
2 Bonnick, Kayla	JR	Virginia	7.63 q	2
3 Kolawole, Lola	FR	Virginia	7.69 q	6
4 Brooks, Mariah	JR	North Carolina Wesleyan	7.74 q	1
5 Keys, Virginia	JR	James Madison	7.75 q	5
6 Wooten, Kamiyah	FR	North Carolina Wesleyan	7.81 q	4
7 Frederick, Angelica	JR	SC State	7.81 q	2
8 Putman, Kaia	JR	James Madison	7.82 q	5
9 van der Westhuizen, Elke	JR	Richmond	7.82	4
10 Dawson, Alicia	SR	Richmond	7.84	3
11 Morgan, Marlee	FR	Virginia	7.87	5
11 Hester, Dae'Nitra	SO	High Point	7.87	2
13 Fisher, Elyssia	SO	Radford	7.88	1
14 Cornelius, Raichelle	SO	Radford	7.88	4
15 Smith, Maya	JR	SC State	7.89	4
16 Verner, Raven	SO	Winthrop	7.90	3
17 Spencer, Layla	FR	Clafin	7.96	4
18 Gist, Cameran	SO	SC State	7.99	6
19 Ray, Timaya	JR	Johnson C. Smith	8.00	5
20 Boostani, Aryana	FR	Virginia	8.03	4
21 Young-Coleman, Katlyn	FR	Winthrop	8.03	6
21 Spence, Amaya	FR	Johnson C. Smith	8.03	1
23 Allen, Rebecca	SO	Liberty	8.04	2
24 Fuller, Jonnica	JR	Clafin	8.05	6
25 Rasool, Jada	FR	Clafin	8.07	3
26 Bryant, Ti'asia	FR	North Carolina Wesleyan	8.08	3
27 Beatty, Sela	SO	Radford	8.08	2
28 Hobin, Lindsey	SO	Roanoke	8.09	6
29 Robinson, Aleisia	FR	Livingstone	8.09	5
30 Grayson, Kali	JR	Liberty	8.17	2
31 Henderson, Nalonda	FR	Roanoke	8.20	2
32 Murray, Aliya	FR	Winthrop	8.23	6
33 Garcia, Rebecca	JR	Regent University	8.23	1
34 Jackson, Jordan	SO	Radford	8.23	1
35 Allen, Sydney	FR	Livingstone	8.24	3
36 Crossley, Kendall	FR	Winthrop	8.27	1
37 Smith, Kiara	JR	Lynchburg	8.27	6
38 Wenger, Elizabeth	JR	Lynchburg	8.28	4
39 Lynch, Jaelyn	FR	Winthrop	8.29	5
40 Carter, Dezmajia	SO	Radford	8.34	3
41 Walker, Zaria	FR	SC State	8.40	1
42 Cahill, Alexandra	FR	Richmond	8.54	5
43 Furr, Nariah	FR	Livingstone	8.55	3
44 Andreasik, Genna	JR	Lynchburg	8.93	3
45 Puentas, Alexia	FR	Lynchburg	9.25	5
46 Wells, Shylah	FR	Regent University	9.26	2
47 Torry, Nakayla	FR	District of Columbia	9.65	1

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Women 60 Meter Dash**

Facility: 7.30 F 2/15/2020 Kiara Grant, Norfolk State

	Name	Yr	School	Finals
Finals				
1	Akpan, Sarah	SO	Virginia	7.43
2	Bonnick, Kayla	JR	Virginia	7.50
3	Kolawole, Lola	FR	Virginia	7.61
4	Brooks, Mariah	JR	North Carolina Wesleyan	7.71
5	Frederick, Angelica	JR	SC State	7.72
6	Wooten, Kamiyah	FR	North Carolina Wesleyan	7.78
7	Keys, Virginia	JR	James Madison	7.83
8	Putman, Kaia	JR	James Madison	7.93

Women 200 Meter Dash

Facility: 23.52 F 3/7/2020 Ayla Stanislaus, New Mexico JC

	Name	Yr	School	Finals	H#
Finals					
1	Akpan, Sarah	SO	Virginia	24.36	1
2	Kolawole, Lola	FR	Virginia	24.91	2
3	Bonnick, Kayla	JR	Virginia	25.00	1
4	Frederick, Angelica	JR	SC State	25.08	2
5	Hester, Dae'Nitra	SO	High Point	25.13	1
6	van der Westhuizen, Elke	JR	Richmond	25.23	2
7	Cherry, Ahnia	SO	North Carolina Wesleyan	25.50	2
8	Ray, Timaya	JR	Johnson C. Smith	25.54	4
9	Lavelle, Nina	SO	Richmond	25.64	4
10	Maye, Gabrielle	FR	Johnson C. Smith	25.73	6
11	Boostani, Aryana	FR	Virginia	25.76	5
12	Cornelius, Raichelle	SO	Radford	25.78	6
13	Jordan, Shelda	FR	Johnson C. Smith	25.82	5
14	Keys, Virginia	JR	James Madison	25.84	3
15	Smith, Maya	JR	SC State	25.94	3
16	Daniels, Tori	FR	Virginia	25.99	1
17	Putman, Kaia	JR	James Madison	26.15	3
18	Gamble, Haylee	JR	Roanoke	26.22	7
19	Seward, Aniya	JR	Lynchburg	26.30	5
20	Thompson, Dayna	SO	District of Columbia	26.33	4
21	Cooper, Lindsay	SR	High Point	26.37	3
22	Cooper, Kayla	SO	District of Columbia	26.38	5
23	Wright, Kamyah	FR	Richmond	26.52	4
24	Germain, Esther	FR	James Madison	26.54	4
25	Murati, Leyla	FR	Richmond	26.58	5
26	Morgan, Marlee	FR	Virginia	26.65	6
27	Spencer, Layla	FR	Clafflin	26.67	8
28	Brathwaite, Kenrisha		Unattached	26.68	7
29	Dreher, Saige	FR	Winthrop	26.73	6
30	Robinson, Aleisia	FR	Livingstone	26.74	12
31	Jackson, Jordan	SO	Radford	26.75	7
32	Akpan, Sophia	SO	Virginia	26.82	5
33	Beatty, Sela	SO	Radford	26.88	9
34	Reese, Jade	FR	Winthrop	26.90	6

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 200 Meter Dash)**

	Name	Yr	School	Finals	H#
35	Baxter, Janel	SO	District of Columbia	26.90	7
36	Spence, Amaya	FR	Johnson C. Smith	26.94	12
37	Allen, Sydney	FR	Livingstone	27.02	11
38	Poole, Taylor	JR	Roanoke	27.10	8
39	Robinson, Jaslyne	SO	Radford	27.15	8
40	Bryant, Ti'asia	FR	North Carolina Wesleyan	27.16	6
41	Wenger, Elizabeth	JR	Lynchburg	27.17	9
42	Marulli, Issabella	FR	Winthrop	27.25	9
43	Fair, Asia'Lee	JR	Livingstone	27.36	8
44	Deloatch, Saa'Naudia	JR	Livingstone	27.50	10
45	Smith, Kiara	JR	Lynchburg	27.73	8
46	Garcia, Rebecca	JR	Regent University	27.80	9
47	Rice, Jalynn	JR	Johnson C. Smith	27.80	9
48	Barnes, Vuronika	SR	Lynchburg	27.83	7
49	Brown, Kharonay	JR	Livingstone	27.92	13
50	Major, Ja'Delle	FR	Bluefield St.	28.07	13
51	Kegler, Khrisalyn	SO	Bluefield St.	28.19	10
52	Maxwell, Larissa	FR	High Point	28.28	12
53	Cameron, Alexandra	SO	Winthrop	28.29	10
54	Schofield, Ariana	FR	Johnson C. Smith	28.68	12
55	Moser, Kristi	FR	Regent University	29.34	13
56	Lee, Genesis	FR	Bluefield St.	29.67	11
57	Little, Samaria	FR	Lynchburg	29.70	11
58	Rasool, Jada	FR	Clafin	29.85	10
59	Manu, Stephanie	JR	Bluefield St.	29.87	12
60	Andreasik, Genna	JR	Lynchburg	30.29	11
61	Wells, Shylah	FR	Regent University	31.18	13
62	Puentas, Alexia	FR	Lynchburg	33.15	11
63	Torry, Nakayla	FR	District of Columbia	37.20	13

Women 400 Meter Dash

Facility: 52.55 F 1/18/2019 Athing Mu, Unattached

	Name	Yr	School	Finals	H#
Finals					
1	Parenchuk, Anzhelika	JR	Virginia	55.69	1
	26.251 (26.251)		55.686 (29.435)		
2	Mpassy, Holly	JR	James Madison	55.81	1
	25.387 (25.387)		55.802 (30.415)		
3	Wilson, Kadence	SO	James Madison	58.15	1
	26.526 (26.526)		58.141 (31.615)		
4	Lavelle, Nina	SO	Richmond	58.34	3
	27.135 (27.135)		58.340 (31.205)		
5	Elliott, Morgan	FR	Richmond	58.62	2
	27.574 (27.574)		58.613 (31.039)		
6	Wicks, Abigail	FR	Johnson C. Smith	58.84	4
	27.543 (27.543)		58.833 (31.290)		
7	Drakeford, Brooke'Lyn	FR	Virginia	59.04	1
	26.570 (26.570)		59.040 (32.470)		
8	Jordan, Shelda	FR	Johnson C. Smith	59.19	3
	26.982 (26.982)		59.185 (32.204)		
9	Wright, Kamiah	FR	Richmond	59.47	3
	27.528 (27.528)		59.463 (31.935)		

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 400 Meter Dash)**

	Name	Yr	School	Finals	H#
10	Murati, Leyla 26.839 (26.839)	FR	Richmond	59.64	5
11	Lewis, Tori 27.007 (27.007)	SR	Central VA Track Club	59.92	6
12	Ahman, Ebba 27.616 (27.616)	JR	High Point	1:00.29	2
13	Fuller, Jonnica 27.083 (27.083)	JR	Clafin	1:00.39	5
14	Daniels, Tori 26.916 (26.916)	FR	Virginia	1:00.44	1
15	Bolesh, Ashley 28.596 (28.596)	FR	Richmond	1:00.81	2
16	Jarrett, Ayesha 27.688 (27.688)	JR	District of Columbia	1:00.83	4
16	Imoh, Elizabeth 28.013 (28.013)	FR	Virginia	1:00.83	2
18	Bobst, Allison 28.147 (28.147)	JR	Lynchburg	1:01.03	6
19	Jones, Makylah 27.815 (27.815)	SR	SC State	1:01.04	2
20	Francis, Tukey 27.450 (27.450)	SO	District of Columbia	1:01.55	5
21	Hefferon, Mikayla 28.357 (28.357)	JR	Roanoke	1:01.85	3
22	Edwards, Makenzie 28.795 (28.795)	SO	SC State	1:02.47	4
23	Barnes, Vuronika 28.199 (28.199)	SR	Lynchburg	1:02.56	3
24	Mohnkern, Betsy 29.057 (29.057)	JR	Lynchburg	1:03.36	6
25	Toussaint, Makayla 30.210 (30.210)	FR	SC State	1:03.97	4
26	Hundley, Meghan 29.362 (29.362)	FR	James Madison	1:04.31	5
27	Brooks, Mariah 29.489 (29.489)	JR	North Carolina Wesleyan	1:04.59	5
28	Weeks, Jayla 29.798 (29.798)	FR	Winthrop	1:05.12	7
29	Hayes, Michaela 28.850 (28.850)	SO	Winthrop	1:05.36	6
30	Little, Samaria 30.036 (30.036)	FR	Lynchburg	1:05.66	7
31	Smalls, Tiana 30.130 (30.130)	SO	SC State	1:05.79	4
32	Burnside, Pheijana 28.040 (28.040)	JR	Clafin	1:06.59	7
33	Jackson, Iyanna 29.557 (29.557)	JR	District of Columbia	1:06.98	6
34	Lee, Genesis 29.310 (29.310)	FR	Bluefield St.	1:07.88	7
35	Schofield, Ariana 29.464 (29.464)	FR	Johnson C. Smith	1:08.37	7
36	Major, Ja'Delle 29.731 (29.731)	FR	Bluefield St.	1:10.25	7

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Women 800 Meter Run****Facility: 2:03.73 F 2/27/2021 Sarah Hendrick, Kennesaw State**

	Name	Yr	School		Finals	H#
Finals						
1	Sabbakhan, Alahna	SR	Virginia	2:11.59	1	
	30.694 (30.694)	1:04.500 (33.807)	1:38.014 (33.514)	2:11.581 (33.568)		
2	Lyons, Morgan	JR	Richmond	2:13.58	1	
	32.180 (32.180)	1:05.761 (33.582)	1:40.321 (34.560)	2:13.575 (33.254)		
3	Hodgson, Alison	JR	Elon	2:14.70	1	
	31.514 (31.514)	1:05.193 (33.679)	1:40.054 (34.862)	2:14.696 (34.643)		
4	Frail, Nikki	JR	High Point	2:15.79	1	
	31.758 (31.758)	1:04.913 (33.155)	1:39.191 (34.279)	2:15.786 (36.595)		
5	Miller, Dylan	JR	Richmond	2:17.71	1	
	32.075 (32.075)	1:05.794 (33.719)	1:41.326 (35.533)	2:17.701 (36.375)		
6	Cann, Shayla	FR	Elon	2:18.11	1	
	31.824 (31.824)	1:06.384 (34.560)	1:44.489 (38.105)	2:18.103 (33.614)		
7	Runge, Alannah	JR	Central VA Track Club	2:20.75	2	
	33.280 (33.280)	1:07.967 (34.688)	1:43.930 (35.963)	2:20.746 (36.817)		
8	Bumbry, Trinity	SO	Livingstone	2:20.75	2	
	32.410 (32.410)	1:06.865 (34.455)	1:44.287 (37.423)	2:20.750 (36.463)		
9	Eberly, Arianna	SR	James Madison	2:22.12	1	
	30.906 (30.906)	1:05.343 (34.437)	1:42.761 (37.419)	2:22.113 (39.352)		
10	Sheppard, Rainn	FR	District of Columbia	2:26.62	2	
	31.777 (31.777)	1:06.432 (34.655)	1:44.480 (38.048)	2:26.611 (42.132)		
11	Lankford, Gabrielle	FR	Livingstone	2:29.76	2	
	33.035 (33.035)	1:08.680 (35.645)	1:49.504 (40.824)	2:29.754 (40.250)		
12	Bruce, Aylin	JR	Richmond	2:30.62	1	
	32.934 (32.934)	1:09.431 (36.498)	1:50.353 (40.922)	2:30.613 (40.260)		
13	Middleton, Morgan	FR	Johnson C. Smith	2:30.97	2	
	32.580 (32.580)	1:08.310 (35.730)	1:48.015 (39.705)	2:30.966 (42.952)		
14	Valcent, Thomyka	FR	Livingstone	2:32.28	2	
	32.707 (32.707)	1:08.440 (35.733)	1:48.541 (40.102)	2:32.276 (43.735)		
15	Williams, Kellie	SO	Bluefield St.	2:34.59	2	
	34.021 (34.021)	1:10.860 (36.839)	1:51.260 (40.400)	2:34.584 (43.324)		
16	Hibbler, Jianna	SO	SC State	2:35.77	1	
	33.194 (33.194)	1:09.401 (36.208)	1:51.495 (42.094)	2:35.766 (44.272)		
17	Womack, Tanniya	JR	Livingstone	2:38.99	2	
	34.479 (34.479)	1:11.380 (36.902)	1:55.025 (43.645)	2:38.981 (43.957)		
18	Havemann, Tatum	SO	Elon	2:39.80	2	
	33.682 (33.682)	1:11.037 (37.355)	1:53.664 (42.627)	2:39.795 (46.132)		
19	Young, Jasmine	FR	Clafin	2:43.97	2	
	34.584 (34.584)	1:11.425 (36.842)	1:55.557 (44.133)	2:43.967 (48.410)		
20	Donovan, Jasmaine	JR	SC State	2:57.35	2	
	35.100 (35.100)	1:13.454 (38.354)	1:59.650 (46.197)	2:57.345 (57.695)		
21	Hatter, Haille	Unattached		3:06.34	2	
	39.182 (39.182)	1:23.624 (44.442)	2:14.057 (50.434)	3:06.340 (52.283)		

Women 1000 Meter Run**Facility: 2:41.25 F 4/29/2021 Claudia Saunders, District TC**

	Name	Yr	School		Finals	H#
Finals						
1	Hock, Margaret	SR	Virginia	2:50.82	1	
	32.740 (32.740)	1:06.940 (34.200)	1:42.279 (35.339)	2:17.357 (35.079)		
	2:50.812 (33.455)					

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 1000 Meter Run)**

	Name	Yr	School	Finals	H#
2	Locker, Katelyn 33.146 (33.146) 2:50.962 (33.390)	SO	Liberty	2:50.97	1
3	Keurentjes, Kyra 32.859 (32.859) 2:51.201 (33.682)	SR	Richmond	2:51.21	1
4	Desmond, Ellie 32.634 (32.634) 2:51.314 (34.009)	JR	Virginia	2:51.32	1
5	Donohoe, Caroline 33.272 (33.272) 2:56.081 (35.585)	SO	Richmond	2:56.09	1
6	Seasholtz, Keara 32.945 (32.945) 2:58.496 (37.707)	JR	Virginia	2:58.50	1
7	Schlenker, Katrina 33.486 (33.486) 2:58.627 (38.064)	FR	Liberty	2:58.63	1
8	Bolton, Claire Frazier 33.059 (33.059) 3:00.794 (38.367)	JR	Virginia	3:00.80	1
9	Alps, Emily 33.779 (33.779) 3:04.652 (36.134)	SR	Elon	3:04.66	2
10	Troup, Samantha 35.618 (35.618) 3:07.058 (35.794)	JR	Liberty	3:07.06	2
11	Simmons, Rebekah 36.612 (36.612) 3:08.197 (36.898)	JR	Liberty	3:08.20	2
12	Rose, Michailyn 34.778 (34.778) 3:12.583 (40.553)	SO	F.I.A. Ambassadors	3:12.59	2
13	Rzucidlo, Emily 34.741 (34.741) 3:12.919 (40.944)	JR	Richmond	3:12.92	2
14	Engle, Allison 36.357 (36.357) 3:14.099 (40.312)	FR	Liberty	3:14.10	2
15	Wilkes, Chacoia 35.137 (35.137) 3:30.067 (43.243)	SR	District of Columbia	3:30.07	2

Women 1 Mile Run

Facility: 4:37.42 F 2/12/2022 Anna Vess, NC State

	Name	Yr	School	Finals
Finals				
1	Plastow, Heather 37.639 (37.639) 3:10.347 (39.210)		3 Rivers Racing Elite	5:06.31
2	McNatt, Carly 38.329 (38.329) 3:16.950 (40.218)	FR	High Point	5:14.90
3	Skow, Shauna 38.632 (38.632) 3:15.929 (40.143)	SO	High Point	5:18.10

Liberty Kickoff - 11/30/2023 to 12/1/2023

Liberty Indoor Track Complex

Results

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 1 Mile Run)**

	Name	Yr	School	Finals
4	Moxley, Mikayla	SO	High Point	5:20.18
	37.122 (37.122)	1:14.528 (37.407)	1:53.455 (38.928)	2:34.560 (41.105)
	3:16.225 (41.665)	3:57.635 (41.410)	4:39.440 (41.805)	5:20.177 (40.737)
5	Williams, Annalise	FR	Lynchburg	5:26.14
	39.015 (39.015)	1:18.518 (39.503)	1:59.457 (40.939)	2:41.218 (41.762)
	3:25.194 (43.977)	4:07.635 (42.442)	4:49.323 (41.688)	5:26.134 (36.812)
6	Thomas, Lauren	JR	Lynchburg	5:27.73
	39.118 (39.118)	1:18.743 (39.625)	1:59.748 (41.005)	2:41.360 (41.613)
	3:25.409 (44.049)	4:07.500 (42.092)	4:49.235 (41.735)	5:27.723 (38.488)
7	Williams, Debrielle	SR	SC State	5:43.39
	38.689 (38.689)	1:19.325 (40.637)	2:01.695 (42.370)	2:45.707 (44.012)
	3:31.869 (46.163)	4:19.199 (47.330)	5:03.560 (44.362)	5:43.389 (39.829)
8	Edwards, Hannah	FR	Lynchburg	5:52.07
	38.868 (38.868)	1:18.315 (39.448)	1:59.197 (40.882)	2:41.073 (41.877)
	3:25.792 (44.719)	4:10.529 (44.738)	5:03.745 (53.217)	5:52.067 (48.322)
9	Sheppard, Rainn	FR	District of Columbia	6:08.31
	34.440 (34.440)	1:12.175 (37.735)	1:54.383 (42.208)	2:40.483 (46.100)
	3:29.932 (49.449)	4:22.302 (52.370)	5:16.128 (53.827)	6:08.310 (52.183)
10	Hatter, Haille	Unattached		6:40.84
	39.855 (39.855)	1:23.298 (43.443)	2:14.440 (51.143)	3:09.170 (54.730)
	4:03.295 (54.125)	4:57.428 (54.133)	5:53.374 (55.947)	6:40.837 (47.463)
11	Bah, Isatu	SO	District of Columbia	6:45.94
	38.267 (38.267)	1:20.795 (42.529)	2:10.264 (49.469)	3:06.383 (56.119)
	4:02.057 (55.674)	4:56.947 (54.890)	5:53.307 (56.360)	6:45.933 (52.627)

Women 3000 Meter Run**Facility: 9:22.82 F 12/2/2021 Michaela Meyer, Unattached**

	Name	Yr	School	Finals
Finals				
1	Trippett, Madison	JR	Richmond	9:36.94
	36.017 (36.017)	1:15.708 (39.692)	1:55.353 (39.645)	2:32.407 (37.054)
	3:09.742 (37.335)	3:47.419 (37.678)	4:26.285 (38.867)	5:06.145 (39.860)
	5:45.587 (39.442)	6:25.369 (39.783)	7:05.328 (39.959)	7:45.775 (40.448)
	8:24.732 (38.957)	9:02.285 (37.554)	9:36.935 (34.650)	
2	Stockman, Elizabeth	JR	Richmond	9:45.24
	35.894 (35.894)	1:15.945 (40.052)	1:55.273 (39.328)	2:32.229 (36.957)
	3:09.549 (37.320)	3:47.299 (37.750)	4:26.183 (38.884)	5:06.218 (40.035)
	5:47.417 (41.199)	6:28.239 (40.823)	7:09.417 (41.178)	7:51.700 (42.284)
	8:32.283 (40.583)	9:10.804 (38.522)	9:45.234 (34.430)	
3	Montalvo, Charli	FR	High Point	9:58.43
	36.279 (36.279)	1:16.230 (39.952)	1:55.540 (39.310)	2:33.603 (38.063)
	3:11.939 (38.337)	3:52.260 (40.322)	4:32.679 (40.419)	5:13.492 (40.813)
	5:54.208 (40.717)	6:35.400 (41.193)	7:16.634 (41.234)	7:58.523 (41.889)
	8:40.707 (42.184)	9:21.765 (41.059)	9:58.422 (36.657)	
4	Werner, Kayla	FR	Lynchburg	10:00.34
	36.229 (36.229)	1:16.413 (40.184)	1:55.869 (39.457)	2:33.343 (37.474)
	3:12.104 (38.762)	3:52.508 (40.404)	4:32.862 (40.354)	5:13.247 (40.385)
	5:53.854 (40.608)	6:35.044 (41.190)	7:16.727 (41.683)	7:58.007 (41.280)
	8:39.789 (41.783)	9:20.785 (40.997)	10:00.334 (39.549)	
5	Reif, Brooke	SO	Richmond	10:04.33
	36.394 (36.394)	1:16.553 (40.159)	1:56.739 (40.187)	2:35.934 (39.195)
	3:16.555 (40.622)	3:57.624 (41.069)	4:37.560 (39.937)	5:17.875 (40.315)
	5:58.305 (40.430)	6:39.708 (41.403)	7:21.005 (41.298)	8:02.478 (41.473)
	8:43.980 (41.503)	9:25.225 (41.245)	10:04.322 (39.097)	

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 3000 Meter Run)**

Name	Yr	School	Finals
6 Kurtz, Laurel	JR	Richmond	10:08.77
37.120 (37.120)	1:17.370 (40.250)	1:57.722 (40.352)	2:38.258 (40.537)
3:19.649 (41.392)	4:00.918 (41.269)	4:41.384 (40.467)	5:22.107 (40.723)
6:03.967 (41.860)	6:46.422 (42.455)	7:27.297 (40.875)	8:09.320 (42.024)
8:50.283 (40.963)	9:30.699 (40.417)	10:08.769 (38.070)	
7 Joyce, Paige	SO	Richmond	10:12.51
37.534 (37.534)	1:17.865 (40.332)	1:59.148 (41.283)	2:40.164 (41.017)
3:21.295 (41.132)	4:01.319 (40.024)	4:41.903 (40.584)	5:22.943 (41.040)
6:04.250 (41.308)	6:46.614 (42.364)	7:27.599 (40.985)	8:09.553 (41.954)
8:50.807 (41.254)	9:31.814 (41.008)	10:12.503 (40.689)	
8 Aycok, Ryann	FR	Liberty	10:12.69
36.707 (36.707)	1:17.083 (40.377)	1:58.828 (41.745)	2:40.813 (41.985)
3:23.110 (42.298)	4:05.549 (42.439)	4:48.772 (43.223)	5:31.257 (42.485)
6:13.018 (41.762)	6:54.358 (41.340)	7:36.935 (42.578)	8:18.905 (41.970)
8:59.867 (40.962)	9:36.890 (37.024)	10:12.683 (35.793)	
9 Gordon, Ava	FR	Liberty	10:20.22
36.597 (36.597)	1:16.868 (40.272)	1:58.544 (41.677)	2:40.493 (41.949)
3:22.817 (42.324)	4:05.210 (42.394)	4:48.517 (43.307)	5:31.052 (42.535)
6:12.763 (41.712)	6:54.215 (41.453)	7:36.770 (42.555)	8:18.838 (42.068)
9:00.190 (41.353)	9:39.769 (39.579)	10:20.212 (40.443)	
10 Hostetler, Marie	JR	Liberty	10:25.01
35.759 (35.759)	1:16.130 (40.372)	1:57.963 (41.833)	2:40.002 (42.039)
3:22.509 (42.508)	4:05.020 (42.512)	4:48.304 (43.284)	5:30.809 (42.505)
6:12.539 (41.730)	6:54.103 (41.564)	7:36.643 (42.540)	8:19.145 (42.503)
9:01.124 (41.979)	9:43.787 (42.663)	10:25.004 (41.218)	
11 Park, Sophia	FR	Liberty	11:11.85
41.578 (41.578)	1:28.264 (46.687)	2:16.497 (48.233)	3:04.958 (48.462)
3:53.115 (48.158)	4:41.690 (48.575)	5:27.615 (45.925)	6:12.800 (45.185)
6:54.678 (41.878)	7:37.439 (42.762)	8:20.063 (42.624)	9:03.068 (43.005)
9:47.285 (44.218)	10:31.172 (43.887)	11:11.845 (40.674)	
12 Bejarano, Summer	SO	Liberty	11:23.78
42.457 (42.457)	1:29.035 (46.579)	2:17.243 (48.208)	3:05.455 (48.213)
3:53.668 (48.213)	4:42.424 (48.757)	5:28.357 (45.933)	6:13.700 (45.344)
6:57.940 (44.240)	7:40.224 (42.284)	8:24.072 (43.848)	9:08.732 (44.660)
9:53.907 (45.175)	10:39.877 (45.970)	11:23.772 (43.895)	
13 Brown, Rebecca	SO	Liberty	11:32.86
42.187 (42.187)	1:28.845 (46.659)	2:17.008 (48.163)	3:05.530 (48.523)
3:53.533 (48.003)	4:42.188 (48.655)	5:28.242 (46.054)	6:13.483 (45.242)
6:58.362 (44.879)	7:42.248 (43.887)	8:28.537 (46.289)	9:15.388 (46.852)
10:02.699 (47.312)	10:49.148 (46.449)	11:32.860 (43.713)	
14 Ripple, Anna Jo	SO	Liberty	11:33.25
41.869 (41.869)	1:28.582 (46.713)	2:16.702 (48.120)	3:05.155 (48.454)
3:53.318 (48.163)	4:41.888 (48.570)	5:27.943 (46.055)	6:13.258 (45.315)
6:58.442 (45.184)	7:42.578 (44.137)	8:28.892 (46.314)	9:15.448 (46.557)
10:02.079 (46.632)	10:47.843 (45.764)	11:33.243 (45.400)	

Women 60 Meter Hurdles

Facility: 8.14 F 2/12/2022 Cha'Mia Rothwell, Unattached

Name	Yr	School	Prelims	H#
Preliminaries				
1 Cartwright, Indea	JR	Liberty	8.42 q	4
2 Henderson, Jordyn	JR	James Madison	8.58 q	3
3 Brathwaite, Kenrisha		Unattached	8.63 q	5
4 Mitchell, Ahvon	NA	Unattached	8.68 q	1
5 Seward, Aniya	JR	Lynchburg	8.80 q	4

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results**

6	Hankton, Amani	JR Liberty	8.85 q	5
7	Cooper, Lindsay	SR High Point	8.88 q	4

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Preliminaries ... (Women 60 Meter Hurdles)**

	Name	Yr	School	Prelims	H#
8	Ahman, Ebba	JR	High Point	8.97 q	5
9	Maye, Gabrielle	FR	Johnson C. Smith	9.15	2
10	Goode, Aria	JR	Johnson C. Smith	9.17	5
11	Burnside, Pheijana	JR	Clafin	9.21	1
12	Akpan, Sophia	SO	Virginia	9.26	5
13	Mohnkern, Betsy	JR	Lynchburg	9.28	1
14	Wicks, Abigail	FR	Johnson C. Smith	9.29	2
15	Shelton, Kayleigh	SO	District of Columbia	9.33	4
16	Drakeford, Brooke'Lyn	FR	Virginia	9.34	1
17	Imoh, Elizabeth	FR	Virginia	9.41	5
18	Taylor, Ray Ray	SR	Unattached	9.41	2
19	Viers, Olivia	FR	Roanoke	9.48	1
20	Kegler, Khrisalyn	SO	Bluefield St.	9.51	3
21	Rice, Jalynn	JR	Johnson C. Smith	9.70	5
22	McIvor, Kandace	SO	Radford	9.85	4
23	Winston, Cammi	JR	Roanoke	9.86	2
24	Bell, Justice	SO	Clafin	9.93	3
25	Jones, Johniece	SO	Radford	9.95	4
26	Cahill, Alexandra	FR	Richmond	10.06	3
27	Moser, Kristi	FR	Regent University	10.27	3
28	Wickliff, Arianna	SO	Bluefield St.	10.36	2
29	Alejandro-Ortiz, Dajaneen	JR	Livingstone	10.73	3
30	Smith, Inshan-Nae	JR	Livingstone	11.00	3
31	Robinson, Jaslyne	SO	Radford	13.55	1

Women 60 Meter Hurdles

Facility: 8.14 F 2/12/2022 Cha'Mia Rothwell, Unattached

	Name	Yr	School	Finals
Finals				
1	Cartwright, Indea	JR	Liberty	8.34
2	Henderson, Jordyn	JR	James Madison	8.49
3	Brathwaite, Kenrisha		Unattached	8.53
4	Cooper, Lindsay	SR	High Point	8.74
5	Hankton, Amani	JR	Liberty	8.75
6	Mitchell, Ahvon	NA	Unattached	8.81
7	Seward, Aniya	JR	Lynchburg	8.96
8	Ahman, Ebba	JR	High Point	9.22

Women 4x400 Meter Relay

Facility: 3:39.60 F 1/19/2018 Bullis School, Bullis School

	Team	Relay	Finals	H#
Finals				
1	James Madison	A	3:53.69	1
	1) Wilson, Kadence SO 2) Keys, Virginia JR 3) Germain, Esther FR 4) Mpassy, Holly JR			
	58.509 (58.509) 1:58.747 (1:00.238) 2:57.912 (59.165) 3:53.684 (55.773)			
2	Virginia	A	3:53.74	1
	1) Parenchuk, Anzhelika JR 2) Drakeford, Brooke'Lyn FR 3) Akpan, Sophia SO 4) Imoh, Elizabeth FR			
	57.174 (57.174) 1:56.819 (59.645) 2:55.561 (58.742) 3:53.732 (58.172)			
3	Richmond	A	3:54.60	1
	1) van der Westhuizen, Elke JR2) Wright, Kamyah FR 3) Elliott, Morgan FR 4) Keurentjes, Kyra SR			
	59.507 (59.507) 1:59.372 (59.865) 2:57.748 (58.377) 3:54.597 (56.849)			

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 4x400 Meter Relay)**

	Team	Relay	Finals	H#
4	Richmond	B	3:58.51	1
	1) Lavelle, Nina SO	2) Bolesh, Ashley FR	3) Lyons, Morgan JR	4) Wright, Kamiah FR
	1:01.007 (1:01.007)	2:00.971 (59.964)	2:58.469 (57.499)	3:58.507 (1:00.038)
5	Radford	A	4:00.94	2
	1) Cornelius, Raichelle SO	2) McIvor, Kandace SO	3) Fisher, Elyssia SO	4) Jackson, Jordan SO
	59.984 (59.984)	2:02.332 (1:02.348)	3:01.278 (58.947)	4:00.939 (59.662)
6	Richmond	C	4:01.58	2
	1) Murati, Leyla FR	2) Miller, Dylan JR	3) Donohoe, Caroline SO	4) Bruce, Aylin JR
	1:01.534 (1:01.534)	2:02.133 (1:00.599)	3:00.477 (58.344)	4:01.577 (1:01.100)
7	SC State	A	4:02.07	3
	1) Frederick, Angelica JR	2) Smith, Maya JR	3) Williams, Debrille SR	4) Edwards, Makenzie SO
	1:00.646 (1:00.646)	2:01.070 (1:00.424)	3:00.445 (59.375)	4:02.067 (1:01.623)
8	Elon	A	4:04.58	4
	1) Cann, Shayla FR	2) Hodgson, Alison JR	3) Alps, Emily SR	4) Havemann, Tatum SO
	59.835 (59.835)	2:00.065 (1:00.230)	3:00.475 (1:00.410)	4:04.574 (1:04.099)
9	Liberty	B	4:07.65	3
	1) Merritt, Maddy FR	2) Podolski, Ava SO	3) Brohard, Gabrielle JR	4) Inmon, Victoria FR
	58.467 (58.467)	1:59.563 (1:01.097)	3:03.761 (1:04.198)	4:07.648 (1:03.888)
10	Liberty	C	4:07.74	3
	1) Hilton, Dawn JR	2) Bass, Elle FR	3) Sidwell, Faith FR	4) Huner, Isabella JR
	1:00.007 (1:00.007)	2:00.517 (1:00.510)	3:01.896 (1:01.379)	4:07.737 (1:05.842)
11	Livingstone	A	4:09.80	3
	1) Collins, Charity JR	2) Fair, Asia'Lee JR	3) Brown, Kharonay JR	4) Bumbry, Trinity SO
	1:02.722 (1:02.722)	2:05.785 (1:03.063)	3:10.311 (1:04.527)	4:09.797 (59.487)
12	District of Columbia	B	4:10.02	4
	1) Thompson, Dayna SO	2) Jackson, Iyanna JR	3) Francis, Tukey SO	4) Sheppard, Rainn FR
	1:03.729 (1:03.729)	2:04.795 (1:01.067)	3:06.065 (1:01.270)	4:10.015 (1:03.950)
13	Winthrop	A	4:12.95	4
	1) Yarema, Sydney FR	2) James, Monay SR	3) Reese, Jade FR	4) Dreher, Saige FR
	1:04.407 (1:04.407)	2:08.163 (1:03.757)	3:11.587 (1:03.424)	4:12.947 (1:01.360)
14	North Carolina Wesleyan	A	4:13.41	2
	1) Wooten, Kamiyah FR	2) Brooks, Mariah JR	3) Cherry, Ahnia SO	4) Bryant, Ti'asia FR
	58.519 (58.519)	2:02.532 (1:04.013)	3:07.047 (1:04.515)	4:13.408 (1:06.362)
15	Liberty	D	4:17.07	5
	1) Engle, Allison FR	2) Troup, Samantha JR	3) Simmons, Rebekah JR	4) Hostetler, Marie JR
	1:06.472 (1:06.472)	2:11.949 (1:05.478)	3:15.499 (1:03.550)	4:17.069 (1:01.570)
16	Livingstone	B	4:17.22	4
	1) Deloatch, Saa'Naudia JR	2) Robinson, Aleisia FR	3) Womack, Tanniya JR	4) Lankford, Gabrielle FR
	1:03.254 (1:03.254)	2:09.487 (1:06.233)	3:13.625 (1:04.139)	4:17.220 (1:03.595)
17	Lynchburg	B	4:18.49	3
	1) Williams, Annalise FR	2) Thomas, Lauren JR	3) Edwards, Hannah FR	4) Andreasik, Genna JR
	1:02.976 (1:02.976)	2:06.335 (1:03.359)	3:15.593 (1:09.259)	4:18.481 (1:02.888)
18	SC State	C	4:22.51	5
	1) Jones, Makylah SR	2) Walker, Zaria FR	3) Gist, Cameran SO	4) Donovan, Jasmine JR
	1:01.444 (1:01.444)	2:11.658 (1:10.214)	3:17.173 (1:05.515)	4:22.508 (1:05.335)
19	Liberty	E	4:24.97	5
	1) Aycock, Ryann FR	2) Brown, Rebecca SO	3) Park, Sophia FR	4) Schlenker, Katrina FR
	1:04.767 (1:04.767)	2:18.283 (1:13.517)	2:18.283 (0.000)	4:24.968 (2:06.685)
20	SC State	B	4:25.73	4
	1) Smalls, Tiana SO	2) Toussaint, Makayla FR	3) Hibbler, Jianna SO	4) Spears, Kennedy SO
	1:05.868 (1:05.868)	2:08.933 (1:03.065)	3:13.365 (1:04.433)	4:25.722 (1:12.357)
21	Radford	B	4:34.02	3
	1) Polanah-Kehlenbeck, Katja I2	2) Robinson, Jaslyne SO	3) Beatty, Sela SO	4) Jones, Johniece SO
	1:05.433 (1:05.433)	2:07.250 (1:01.817)	3:22.308 (1:15.059)	4:34.011 (1:11.703)

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women 4x400 Meter Relay)**

Team	Relay	Finals	H#
22 Lynchburg	A	4:40.49	2
1) Barnes, Vuronika SR	2) Mohnkern, Betsy JR	3) Wenger, Elizabeth JR	4) Little, Samaria FR
1:05.648 (1:05.648)	2:12.395 (1:06.748)	3:33.925 (1:21.530)	4:40.485 (1:06.560)
--- Liberty	A	DNF	1
1) Webster, Reese SO	2) Coates, Emily SO	3) Patton, Joelle JR	4) Bryan, Patasha SO

Women High Jump

Facility: 1.85m F 2/24/2023 Kristi Snyman, Jacksonville

Name	Yr	School	Finals
Finals			
1 Engle, Meredith	NA	Unattached	1.68m 5-06.00
2 Spears, Kennedy	SO	SC State	1.63m 5-04.25
3 Whiteman, Eva	FR	Liberty	J1.63m 5-04.25
4 Shaw, Zoe	SO	District of Columbia	1.58m 5-02.25
4 Worth, Anna	JR	Liberty	1.58m 5-02.25
6 Rich, Jorja	SO	James Madison	J1.58m 5-02.25
7 Nguyen, Kaitlyn	JR	Roanoke	J1.58m 5-02.25
8 Taylor, Ray Ray	SR	Unattached	1.53m 5-00.25
8 Goldstein, Parker	JR	Liberty	1.53m 5-00.25
8 King, Gracen	SO	James Madison	1.53m 5-00.25
11 Miller, Paige	SR	James Madison	J1.53m 5-00.25
12 Yarema, Sydney	FR	Winthrop	1.48m 4-10.25
12 Mack, Zhaire	FR	Clafflin	1.48m 4-10.25
14 Polanah-Kehlenbeck, Katja	FR	Radford	J1.48m 4-10.25
15 Jones, Johniece	SO	Radford	1.43m 4-08.25
--- Schultz, Faith	FR	Eastern Mennonite	NH
--- Colson, Arianna	FR	Radford	NH
--- Moreland, Amelia	SO	High Point	NH
--- Russell, Abby	JR	Lynchburg	NH
--- Garcia, Rebecca	JR	Regent University	NH
--- Smith, Inshan-Nae	JR	Livingstone	NH

Women Pole Vault

Facility: 4.60m F 2/11/2022 Alina McDonald, KMR Athletics

Name	Yr	School	Finals
Finals			
1 Vesper, Rachel	JR	High Point	4.15m 13-07.25
2 Houston, Megan		Unattached	J4.15m 13-07.25
3 Horn, Sydney	JR	High Point	4.05m 13-03.50
4 Urbine, Katie	FR	Liberty	3.95m 12-11.50
5 Borstlap, Hanne	NA	Unat-Virginia	J3.95m 12-11.50
6 Romano, Samantha	SO	Virginia	3.80m 12-05.50
7 Barcarola, Trina	JR	Virginia	J3.80m 12-05.50
8 Viola, Auriane	SR	High Point	3.65m 11-11.75
9 Bowers, Mia	JR	Liberty	J3.65m 11-11.75
10 Schaner, Colleen	FR	Liberty	3.50m 11-05.75
11 Concannon, Marlayna	FR	James Madison	J3.50m 11-05.75
12 Bobst, Allison	JR	Lynchburg	J3.50m 11-05.75
13 Moolman, Erica	SR	James Madison	J3.50m 11-05.75
14 Moles, Madelyn	FR	James Madison	J3.50m 11-05.75
15 Moyer, Grady	SO	High Point	3.35m 10-11.75

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women Pole Vault)**

	Name	Yr	School	Finals	
16	Gassman, Sarah	FR	Liberty	J3.35m	10-11.75
17	Newsome, Natalie		Unattached	3.15m	10-04.00
18	Weber, Cameron	FR	Lynchburg	J3.15m	10-04.00
19	Davis, Angie	FR	High Point	J3.15m	10-04.00
20	Tonetti, Alyssa	FR	Lynchburg	2.95m	9-08.00
20	Richards, Kaitlin	FR	High Point	2.95m	9-08.00

Women Long Jump

Facility: 6.37m F 2/25/2022 Jasmine Akins, Kennesaw State

	Name	Yr	School	Finals		H#
Finals						
1	Dawson, Alicia	SR	Richmond	5.80m	19-00.50	2
2	Johnson, Ayanna		Unattached	5.78m	18-11.75	2
3	Allen, Rebecca	SO	Liberty	5.54m	18-02.25	2
4	Gist, Cameran	SO	SC State	5.51m	18-01.00	2
5	Fisher, Elyssia	SO	Radford	5.42m	17-09.50	2
6	Taylor, Ray Ray	SR	Unattached	5.30m	17-04.75	2
7	Polanah-Kehlenbeck, Katja	FR	Radford	5.29m	17-04.25	2
8	Wood, Faith	SO	Winthrop	5.13m	16-10.00	2
9	McBride, Marlayna	FR	Claflin	5.12m	16-09.75	1
10	Knuckles, Jhnyia	FR	Claflin	5.09m	16-08.50	1
11	Young-Coleman, Katlyn	FR	Winthrop	5.06m	16-07.25	1
12	McIvor, Kandace	SO	Radford	5.05m	16-07.00	2
13	Callan, Jenna	SO	James Madison	J5.05m	16-07.00	2
14	Schultz, Faith	FR	Eastern Mennonite	4.99m	16-04.50	1
15	Wenger, Elizabeth	JR	Lynchburg	J4.99m	16-04.50	1
16	Goode, Aria	JR	Johnson C. Smith	4.94m	16-02.50	2
17	Moser, Kristi	FR	Regent University	4.92m	16-01.75	1
18	Smith, Kiara	JR	Lynchburg	4.86m	15-11.50	2
18	Collins, Charity	JR	Livingstone	4.86m	15-11.50	1
20	Tobin, Erica	JR	Winthrop	4.85m	15-11.00	1
21	Parsons, Mahlia	JR	Lynchburg	4.76m	15-07.50	2
22	David, Angel	FR	Eastern Mennonite	4.69m	15-04.75	1
23	Alejandro-Ortiz, Dajaneen	JR	Livingstone	4.64m	15-02.75	1
24	Bell, Justice	SO	Claflin	4.56m	14-11.50	1
25	Blanton, Sha'Dymon	JR	Eastern Mennonite	4.44m	14-07.00	1
26	Manu, Stephanie	JR	Bluefield St.	4.33m	14-02.50	1
27	Maxwell, Larissa	FR	High Point	4.16m	13-07.75	1
28	Russell, Abby	JR	Lynchburg	4.13m	13-06.75	1
29	Hewitt-Recard, TatyAnna	FR	Johnson C. Smith	3.62m	11-10.50	2
---	Vadala, Raelyn	SO	Bluefield St.	FOUL		2
---	Carter, Dezmaia	SO	Radford	FOUL		2
---	Wells, Shylah	FR	Regent University	FOUL		1

Women Triple Jump

Facility: 14.52m F 1/23/2021 Thea LaFond, Unattached

	Name	Yr	School	Finals	
Finals					
1	Venning, Jordan	SR	James Madison	11.64m	38-02.25
2	Cox, Kacy	JR	Liberty	11.44m	37-06.50

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Women Triple Jump)**

	Name	Yr	School	Finals	
3	Seward, Aniya	JR	Lynchburg	11.40m	37-05.00
4	Wood, Faith	SO	Winthrop	11.38m	37-04.00
5	Vadala, Raelyn	SO	Bluefield St.	11.30m	37-01.00
6	Knuckles, Jhnyia	FR	Claflin	11.28m	37-00.25
7	Rose, Michailyn	SO	F.I.A. Ambassadors	10.87m	35-08.00
8	Smith, Kiara	JR	Lynchburg	10.72m	35-02.00
9	Furr, Nariah	FR	Livingstone	10.69m	35-01.00
10	Shaw, Zoe	SO	District of Columbia	10.56m	34-07.75
11	Hunt, Maddy	JR	Liberty	10.55m	34-07.50
12	David, Angel	FR	Eastern Mennonite	10.54m	34-07.00
13	Lynch, Jaelyn	FR	Winthrop	10.46m	34-04.00
14	Parsons, Mahlia	JR	Lynchburg	10.34m	33-11.25
---	Carter, Dezmaia	SO	Radford	FOUL	

Women Shot Put

Facility: 16.19m F 2/1/2020 Patience Marshall, Campbell

	Name	Yr	School	Finals		H#
Finals						
1	Mann, Megan	JR	Liberty	14.37m	47-01.75	2
2	Marsico, Letizia	SR	High Point	13.92m	45-08.00	2
3	Mojica, Sofia	JR	Liberty	13.62m	44-08.25	2
4	Grayson, Kali	JR	Liberty	12.60m	41-04.25	2
5	Hantho, Annika	JR	Liberty	11.95m	39-02.50	2
6	Van Norden, Christian	JR	North Carolina Wesleyan	11.90m	39-00.50	2
7	Clarke, Adriana	FR	Elon	11.32m	37-01.75	2
8	Carlton, Lauryn	SR	Elon	10.76m	35-03.75	2
9	Rosser, Jaylen	SO	Radford	10.74m	35-03.00	1
10	Rosser, Mya	SO	Radford	10.68m	35-00.50	2
11	White, A'Mayia	FR	Claflin	10.61m	34-09.75	1
12	Babbs, Logan	JR	Lynchburg	10.49m	34-05.00	2
13	Swicegood, Kenzie	FR	Lynchburg	10.35m	33-11.50	1
14	Becton, Jewelle	SO	Livingstone	9.98m	32-09.00	1
15	Spenner, Maddie	FR	Winthrop	9.96m	32-08.25	2
16	Weddle, Emily	FR	Lynchburg	9.68m	31-09.25	2
17	Tobin, Erica	JR	Winthrop	9.27m	30-05.00	2
18	Kouami- Katou, Emmanuela	SO	District of Columbia	9.13m	29-11.50	1
19	Bueno, Paola	SO	Liberty	8.90m	29-02.50	2
20	Green, Oliviah	SO	Bluefield St.	8.63m	28-03.75	1
21	Smith, Inshan-Nae	JR	Livingstone	8.57m	28-01.50	1
22	Best, Kaitlyn	JR	Claflin	8.30m	27-02.75	1
23	Glowatch, Amy	JR	Winthrop	8.15m	26-09.00	1
24	Graham, Shannen	FR	District of Columbia	7.60m	24-11.25	1
25	Bell, Justice	SO	Claflin	7.58m	24-10.50	1
26	Alejandro-Ortiz, Dajaneen	JR	Livingstone	7.56m	24-09.75	1
27	Johnson, Kennedy	SO	Lynchburg	7.31m	23-11.75	1
28	Hutcherson, Dorian	SR	Claflin	6.55m	21-06.00	1
---	Latham, Efe	JR	Liberty	FOUL		2

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Women Weight Throw****Facility: 20.35m F 2/10/2017 Victoria Merriweather, Charlotte**

	Name	Yr	School	Finals		H#
Finals						
1	Bueno, Paola	SO	Liberty	19.66m	64-06.00	2
2	Mann, Megan	JR	Liberty	18.31m	60-01.00	2
3	Hantho, Annika	JR	Liberty	17.08m	56-00.50	2
4	Carlton, Lauryn	SR	Elon	16.94m	55-07.00	2
5	Mojica, Sofia	JR	Liberty	16.93m	55-06.50	2
6	Babbs, Logan	JR	Lynchburg	16.41m	53-10.25	2
7	Latham, Efe	JR	Liberty	15.55m	51-00.25	2
8	Clarke, Adriana	FR	Elon	14.97m	49-01.50	2
9	Marsico, Letizia	SR	High Point	14.85m	48-08.75	2
10	Scattergood, Amanda	SR	High Point	14.20m	46-07.25	1
11	Kouami- Katou, Emmanuela	SO	District of Columbia	13.47m	44-02.50	1
12	Brainard, Madeline	SO	Lynchburg	13.22m	43-04.50	1
13	Glowatch, Amy	JR	Winthrop	11.88m	38-11.75	1
14	Spenner, Maddie	FR	Winthrop	11.21m	36-09.50	1
15	Freeman, Mikalyn	FR	High Point	10.22m	33-06.50	1
16	Van Norden, Christian	JR	North Carolina Wesleyan	9.11m	29-10.75	1
---	Rosser, Mya	SO	Radford	FOUL		1
---	Rosser, Jaylen	SO	Radford	FOUL		1

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**Facility: 2:17.59 F 2/22/2019 Lauren Polimeno, Jacksonville**

	Name	Yr	School	Finals	
Finals					
1	Van Arsdale, Sofia	JR	Liberty	2:35.21	
	32.196 (32.196)	1:09.049 (36.853)	1:49.691 (40.643)	2:35.203 (45.512)	
2	Coleman, Nimeesha	JR	Liberty	2:36.37	
	33.111 (33.111)	1:12.970 (39.859)	1:57.075 (44.105)	2:36.364 (39.289)	
3	Greenhagel, Paige	FR	Liberty	2:37.43	
	33.305 (33.305)	1:13.235 (39.930)	1:56.591 (43.357)	2:37.421 (40.830)	
4	Bugenhagen, Ava	FR	High Point	2:37.53	
	34.529 (34.529)	1:14.991 (40.463)	1:59.591 (44.600)	2:37.529 (37.938)	
5	Lopez, Lizzie	SO	Elon	2:39.66	
	33.383 (33.383)	1:14.070 (40.688)	1:58.168 (44.098)	2:39.659 (41.492)	
6	Miller, Anna	FR	Lynchburg	2:43.49	
	34.189 (34.189)	1:15.410 (41.222)	2:02.718 (47.308)	2:43.488 (40.770)	
7	Fox, Margo	SO	Lynchburg	2:43.71	
	34.859 (34.859)	1:15.790 (40.932)	2:01.748 (45.958)	2:43.709 (41.962)	
8	Fung-Chung, Brooke	FR	Coastal Carolina	2:45.20	
	32.931 (32.931)	1:11.501 (38.570)	1:57.171 (45.670)	2:45.196 (48.025)	
9	Howard, Grace	FR	Coastal Carolina	2:48.76	
	34.013 (34.013)	1:14.876 (40.864)	2:02.448 (47.572)	2:48.755 (46.308)	
10	Cooper, Sydney	SO	SC State	2:54.30	
	33.715 (33.715)	1:14.601 (40.887)	2:03.409 (48.808)	2:54.296 (50.888)	
11	Greene, Kaitlyn	FR	High Point	2:58.60	
	35.449 (35.449)	1:19.495 (44.047)	2:08.840 (49.345)	2:58.595 (49.755)	
12	Lewis, Mia	SO	Coastal Carolina	3:04.51	
	32.569 (32.569)	1:13.640 (41.072)	2:06.799 (53.159)	3:04.505 (57.707)	

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Facility: 2:17.59 F 2/22/2019 Lauren Polimeno, Jacksonville

	Name	Yr	School	Finals
Finals				
1	Bryan, Patasha	SO	Liberty	2:23.64
	32.819 (32.819)	1:07.713 (34.894)	1:45.491 (37.779)	2:23.635 (38.144)
2	Williams, TyQwasia	FR	SC State	2:30.27
	33.268 (33.268)	1:11.011 (37.744)	1:52.463 (41.452)	2:30.269 (37.807)
3	Laws, Lydia		Unattached	2:30.40
	34.858 (34.858)	1:13.116 (38.259)	1:54.195 (41.079)	2:30.399 (36.204)
4	Hedberg, Ebba	FR	Coastal Carolina	2:32.65
	34.236 (34.236)	1:11.996 (37.760)	1:52.860 (40.864)	2:32.645 (39.785)
5	Goebel, Meg	SR	Coastal Carolina	2:33.15
	33.655 (33.655)	1:10.509 (36.854)	1:51.488 (40.979)	2:33.148 (41.660)
6	Gregory, Sasha	FR	Charlotte	2:36.35
	35.139 (35.139)	1:14.100 (38.962)	1:56.990 (42.890)	2:36.350 (39.360)
7	Jones, Makayla	SR	SC State	2:36.82
	36.813 (36.813)	1:17.093 (40.280)	1:58.380 (41.288)	2:36.811 (38.432)
8	Valdez, Lael	FR	SC State	2:50.50
	37.301 (37.301)	1:19.785 (42.484)	2:06.590 (46.805)	2:50.500 (43.910)
9	Thurgood, Hollie	SR	Elon	2:50.88
	38.679 (38.679)	1:22.328 (43.649)	2:09.105 (46.778)	2:50.880 (41.775)
10	Palmer, Jayla	FR	SC State	3:08.58
	37.069 (37.069)	1:19.366 (42.298)	2:12.144 (52.778)	3:08.575 (56.432)

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Facility: 8.52 F 2/24/2023 Melanie Welsing, Queens

	Name	Yr	School	Finals	H#
Finals					
1	Goebel, Meg	SR	Coastal Carolina	8.83	2
2	Gregory, Sasha	FR	Charlotte	8.90	1
3	Paul, Gianna	FR	High Point	8.92	2
4	Bryan, Patasha	SO	Liberty	8.95	2
5	Laws, Lydia		Unattached	9.02	2
6	Palmer, Jayla	FR	SC State	9.10	2
7	Hedberg, Ebba	FR	Coastal Carolina	9.18	1
8	Thurgood, Hollie	SR	Elon	9.36	1
9	James, Monay	SR	Winthrop	9.49	1
10	Williams, TyQwasia	FR	SC State	9.80	2
11	Jones, Makayla	SR	SC State	10.04	1
12	Valdez, Lael	FR	SC State	11.04	1

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Facility: 8.52 F 2/24/2023 Melanie Welsing, Queens

	Name	Yr	School	Finals	H#
Finals					
1	Coleman, Nimeesha	JR	Liberty	9.37	2
2	Lewis, Mia	SO	Coastal Carolina	9.40	2
3	Howard, Grace	FR	Coastal Carolina	9.43	2
4	Greenhagel, Paige	FR	Liberty	9.86	1
5	Lopez, Lizzie	SO	Elon	9.88	1
6	Bugenhagen, Ava	FR	High Point	10.03	1
7	Cooper, Sydney	SO	SC State	10.05	2

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon)**

	Name	Yr	School	Finals	H#
8	Van Arsdale, Sofia	JR	Liberty	10.12	1
9	Fung-Chung, Brooke	FR	Coastal Carolina	10.13	2
10	Fox, Margo	SO	Lynchburg	10.43	2
11	Miller, Anna	FR	Lynchburg	10.61	1
12	Greene, Kaitlyn	FR	High Point	11.57	1

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Facility: 1.79m F 1/19/2023 Lucy Walliker, Queens

	Name	Yr	School	Finals	
Finals					
1	Fung-Chung, Brooke	FR	Coastal Carolina	1.62m	5-03.75
1	Howard, Grace	FR	Coastal Carolina	1.62m	5-03.75
3	Lopez, Lizzie	SO	Elon	1.59m	5-02.50
4	Greenhagel, Paige	FR	Liberty	1.56m	5-01.25
5	Fox, Margo	SO	Lynchburg	1.53m	5-00.25
6	Lewis, Mia	SO	Coastal Carolina	1.47m	4-09.75
7	Van Arsdale, Sofia	JR	Liberty	1.44m	4-08.75
7	Coleman, Nimeesha	JR	Liberty	1.44m	4-08.75
9	Bugenhagen, Ava	FR	High Point	1.41m	4-07.50
9	Greene, Kaitlyn	FR	High Point	1.41m	4-07.50
11	Cooper, Sydney	SO	SC State	1.35m	4-05.00
11	Miller, Anna	FR	Lynchburg	1.35m	4-05.00

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Facility: 1.79m F 1/19/2023 Lucy Walliker, Queens

	Name	Yr	School	Finals	
Finals					
1	Hedberg, Ebba	FR	Coastal Carolina	1.65m	5-05.00
1	Bryan, Patasha	SO	Liberty	1.65m	5-05.00
3	Gregory, Sasha	FR	Charlotte	1.62m	5-03.75
4	Goebel, Meg	SR	Coastal Carolina	1.56m	5-01.25
5	Thurgood, Hollie	SR	Elon	1.50m	4-11.00
6	Williams, TyQwasia	FR	SC State	1.44m	4-08.75
7	Valdez, Lael	FR	SC State	1.41m	4-07.50
7	Palmer, Jayla	FR	SC State	1.41m	4-07.50
9	James, Monay	SR	Winthrop	1.38m	4-06.25
10	Jones, Makayla	SR	SC State	1.35m	4-05.00
---	Laws, Lydia		Unattached	NH	

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Facility: 5.98m F 2/22/2019 Jordan Gray, Kennesaw State

	Name	Yr	School	Finals	
Finals					
1	Greenhagel, Paige	FR	Liberty	5.45m	17-10.75
2	Howard, Grace	FR	Coastal Carolina	5.33m	17-06.00
3	Fung-Chung, Brooke	FR	Coastal Carolina	5.08m	16-08.00
4	Lewis, Mia	SO	Coastal Carolina	5.07m	16-07.75
5	Van Arsdale, Sofia	JR	Liberty	5.06m	16-07.25
6	Fox, Margo	SO	Lynchburg	4.92m	16-01.75
7	Lopez, Lizzie	SO	Elon	4.91m	16-01.50

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon)**

	Name	Yr	School	Finals	
8	Miller, Anna	FR	Lynchburg	4.60m	15-01.25
9	Greene, Kaitlyn	FR	High Point	4.51m	14-09.75
10	Cooper, Sydney	SO	SC State	4.28m	14-00.50
10	Coleman, Nimeesha	JR	Liberty	4.28m	14-00.50
12	Bugenhagen, Ava	FR	High Point	4.25m	13-11.50

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Facility: 5.98m F 2/22/2019 Jordan Gray, Kennesaw State

	Name	Yr	School	Finals	
Finals					
1	Hedberg, Ebba	FR	Coastal Carolina	5.75m	18-10.50
2	Laws, Lydia		Unattached	5.65m	18-06.50
3	Gregory, Sasha	FR	Charlotte	5.53m	18-01.75
4	Bryan, Patasha	SO	Liberty	5.45m	17-10.75
5	Palmer, Jayla	FR	SC State	5.34m	17-06.25
6	Goebel, Meg	SR	Coastal Carolina	5.15m	16-10.75
7	Thurgood, Hollie	SR	Elon	5.10m	16-08.75
8	James, Monay	SR	Winthrop	4.86m	15-11.50
8	Williams, TyQwasia	FR	SC State	4.86m	15-11.50
10	Valdez, Lael	FR	SC State	4.61m	15-01.50
11	Jones, Makayla	SR	SC State	4.50m	14-09.25

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Facility: 14.33m F 2/22/2019 Jordan Gray, Kennesaw State

	Name	Yr	School	Finals	
Finals					
1	Van Arsdale, Sofia	JR	Liberty	10.61m	34-09.75
2	Coleman, Nimeesha	JR	Liberty	9.50m	31-02.00
3	Fox, Margo	SO	Lynchburg	9.11m	29-10.75
4	Lewis, Mia	SO	Coastal Carolina	8.48m	27-10.00
5	Greenhagel, Paige	FR	Liberty	8.42m	27-07.50
6	Howard, Grace	FR	Coastal Carolina	8.32m	27-03.75
7	Fung-Chung, Brooke	FR	Coastal Carolina	7.83m	25-08.25
8	Bugenhagen, Ava	FR	High Point	7.57m	24-10.00
9	Cooper, Sydney	SO	SC State	7.31m	23-11.75
10	Lopez, Lizzie	SO	Elon	7.03m	23-00.75
11	Miller, Anna	FR	Lynchburg	6.74m	22-01.50
12	Greene, Kaitlyn	FR	High Point	6.58m	21-07.25

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Facility: 14.33m F 2/22/2019 Jordan Gray, Kennesaw State

	Name	Yr	School	Finals	
Finals					
1	Bryan, Patasha	SO	Liberty	11.65m	38-02.75
2	Thurgood, Hollie	SR	Elon	11.64m	38-02.25
3	James, Monay	SR	Winthrop	11.20m	36-09.00
4	Hedberg, Ebba	FR	Coastal Carolina	10.75m	35-03.25
5	Goebel, Meg	SR	Coastal Carolina	9.05m	29-08.25
6	Valdez, Lael	FR	SC State	8.83m	28-11.75
7	Laws, Lydia		Unattached	8.76m	28-09.00

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon)**

	Name	Yr	School	Finals	
8	Gregory, Sasha	FR	Charlotte	8.64m	28-04.25
9	Jones, Makayla	SR	SC State	8.23m	27-00.00
10	Palmer, Jayla	FR	SC State	8.08m	26-06.25
11	Williams, TyQwasia	FR	SC State	7.08m	23-02.75

Women Indoor Pentathlon Group A

Facility: 4324 F 1/19/2023 Shaina Burns, Unattached

	Name	Yr	School	Finals	H#
Finals					
1	Bryan, Patasha	SO	Liberty	3814	
2	Hedberg, Ebba	FR	Coastal Carolina	3681	
3	Gregory, Sasha	FR	Charlotte	3455	
4	Goebel, Meg	SR	Coastal Carolina	3357	
5	Thurgood, Hollie	SR	Elon	3135	
6	Williams, TyQwasia	FR	SC State	2856	
7	Laws, Lydia		Unattached	2787	
8	Palmer, Jayla	FR	SC State	2761	
9	Jones, Makayla	SR	SC State	2617	
10	Valdez, Lael	FR	SC State	2420	

Women Indoor Pentathlon Group B

Facility: 4324 F 1/19/2023 Shaina Burns, Unattached

	Name	Yr	School	Finals	H#
Finals					
1	Greenhagel, Paige	FR	Liberty	3143	
2	Howard, Grace	FR	Coastal Carolina	3129	
3	Van Arsdale, Sofia	JR	Liberty	3019	
4	Fung-Chung, Brooke	FR	Coastal Carolina	2931	
5	Lopez, Lizzie	SO	Elon	2908	
6	Coleman, Nimeesha	JR	Liberty	2875	
7	Fox, Margo	SO	Lynchburg	2829	
8	Lewis, Mia	SO	Coastal Carolina	2748	
9	Bugenhagen, Ava	FR	High Point	2570	
10	Miller, Anna	FR	Lynchburg	2367	
11	Cooper, Sydney	SO	SC State	2312	
12	Greene, Kaitlyn	FR	High Point	2087	

Men 60 Meter Dash

Facility: 6.63 F 3/7/2020 Davonte Burnett, Barton County CC

	Name	Yr	School	Prelims	H#
Preliminaries					
1	Flemister, Jonathan	SO	Clafin	6.88 q	5
2	Webb, Jonquez	JR	Winthrop	6.90 q	2
3	Agbeyomi, Toluwayan	SR	Winthrop	6.97 q	3
4	Hutchinson, Justin	FR	Livingstone	6.98 q	3
5	Cox Jr., Zephaniah	SR	Johnson C. Smith	6.99 q	3
6	Boucher, Michael	FR	Winthrop	6.99 q	2
7	Curnell, Dwayne	SR	SC State	7.00 q	7
8	Djan, Peter	SO	Virginia	7.01 q	1
9	Francis, Nicholas	FR	Johnson C. Smith	7.03	7

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Preliminaries ... (Men 60 Meter Dash)**

	Name	Yr	School	Prelims	H#
10	Morrow, Tynelius	SR	High Point	7.04	5
11	Jones, Jaylen	JR	Lynchburg	7.04	6
12	Wagner, Tyler	JR	Livingstone	7.05	5
13	Hill, Erick	JR	SC State	7.06	4
14	Pettus, Davontavias	FR	SC State	7.06	7
14	Strader, Keilan	JR	Livingstone	7.06	1
16	Morgan, Damon	JR	Eastern Mennonite	7.07	7
17	Pendarvis, Jay	JR	Virginia	7.08	4
18	Fish, Jerlan	JR	Virginia	7.09	2
18	Belle, Marquis	FR	High Point	7.09	5
20	Koepke, Michael	FR	Virginia	7.12	6
20	Morgan, Jocolbi	JR	Clafin	7.12	1
22	McGinnis, Issac	FR	High Point	7.13	1
23	Priester, Kaden	FR	SC State	7.13	6
24	Winters, Da'Shawn	FR	Eastern Mennonite	7.14	7
25	Frank Jr., Carlos	SO	Winthrop	7.14	2
26	Smith, Joshua	SO	Liberty	7.14	4
27	Brent, Alex	FR	Lynchburg	7.15	5
28	Gossett, Albrey	JR	Liberty	7.15	7
29	Jacobs, Zachary	JR	Lynchburg	7.16	4
30	Hunter, Bryson	SR	Eastern Mennonite	7.18	4
31	McDonald, Dezmond	JR	Clafin	7.20	1
32	Mungo, Jayden	JR	Livingstone	7.24	6
33	Blackmon, Matthew	JR	Livingstone	7.26	5
34	Mosley, D'Monte	JR	Lynchburg	7.27	1
35	Geddie, Jorden	SO	Livingstone	7.31	6
36	Raya, Nekolas	JR	Lynchburg	7.31	6
37	Trent, Will	JR	Virginia	7.33	7
38	Isaacs, Joey	SO	Bluefield St.	7.34	2
39	Yves Thiemele Marco, Jean	FR	Livingstone	7.34	4
40	Azar-Moise, Luis	SO	Livingstone	7.36	1
41	Hackett, Connor	FR	High Point	7.40	3
42	Lacey, Jaidyn	FR	Lynchburg	7.41	3
43	Lundy, Joshua		Unattached	7.52	3
44	DeRose, Domenic	FR	Regent University	7.55	2
45	Nunn, Jonathan	JR	Livingstone	7.57	5
46	Ellis, Asher	FR	Regent University	7.63	2
47	Brown, Quincy	FR	North Carolina Wesleyan	7.64	2
48	Rodriguez, Nigel	FR	Regent University	7.79	3
49	Hotung-Davidsen, Magnus	SO	Lynchburg	7.85	6

Men 60 Meter Dash

Facility: 6.63 F 3/7/2020 Davonte Burnett, Barton County CC

	Name	Yr	School	Finals
Finals				
1	Cox Jr., Zephaniah	SR	Johnson C. Smith	6.83
2	Flemister, Jonathan	SO	Clafin	6.87
3	Webb, Jonquez	JR	Winthrop	6.90
4	Curnell, Dwayne	SR	SC State	6.96
5	Boucher, Michael	FR	Winthrop	6.97

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 60 Meter Dash)**

	Name	Yr	School	Finals
6	Agbeyomi, Toluwayan	SR	Winthrop	6.97
7	Djan, Peter	SO	Virginia	6.98
8	Hutchinson, Justin	FR	Livingstone	7.01

Men 200 Meter Dash

Facility: 20.68 F 3/7/2020 Caleb Boger, Barton County CC

	Name	Yr	School	Finals	H#
Finals					
1	Flemister, Jonathan	SO	Clafin	21.74	2
2	Pendarvis, Jay	JR	Virginia	21.83	1
3	Sherman, Alex	JR	Virginia	22.00	1
4	Lyons, Jaden	SO	Virginia	22.01	1
5	White IV, Evans	SO	Virginia	22.05	5
6	Britt, Aidan	JR	High Point	22.22	7
7	Strader, Keilan	JR	Livingstone	22.26	3
8	Cox Jr., Zephaniah	SR	Johnson C. Smith	22.30	8
9	Curnell, Dwayne	SR	SC State	22.31	3
10	Lewis, Deven	FR	Livingstone	22.32	13
11	Morrow, Tynelius	SR	High Point	22.39	1
12	Fowler, Brady	JR	Roanoke	22.42	4
13	Jacobs, Zachary	JR	Lynchburg	22.45	5
14	Bell, Kelly	FR	High Point	22.46	7
15	Koepke, Michael	FR	Virginia	22.47	3
16	Fish, Jerlan	JR	Virginia	22.50	3
17	Hutchinson, Justin	FR	Livingstone	22.55	13
18	Jones, Jaylen	JR	Lynchburg	22.57	2
19	Wray, Amontae	FR	Johnson C. Smith	22.61	6
20	Pettus, Davontavias	FR	SC State	22.65	6
21	McDonald, Dezmond	JR	Clafin	22.65	4
22	Djan, Peter	SO	Virginia	22.81	4
23	Brown, Kevin	JR	Winthrop	22.81	4
24	Trent, Will	JR	Virginia	22.81	8
25	Morgan, Damon	JR	Eastern Mennonite	22.83	5
26	Birdseye, Jackson	NA	Unattached	22.86	6
27	Geddie, Jorden	SO	Livingstone	22.87	9
28	Frank Jr., Carlos	SO	Winthrop	22.88	7
29	Bolich, Elijah	FR	Roanoke	22.89	9
30	McGinnis, Issac	FR	High Point	22.90	10
31	Wagner, Tyler	JR	Livingstone	23.00	2
32	Hunter, Bryson	SR	Eastern Mennonite	23.05	6
33	Raya, Nekolas	JR	Lynchburg	23.08	6
34	Dortch-Johnson, Jamari	FR	Livingstone	23.09	13
35	Winters, Da'Shawn	FR	Eastern Mennonite	23.10	10
36	Brent, Alex	FR	Lynchburg	23.17	9
37	Priester, Kaden	FR	SC State	23.21	5
38	Grant, Reggie	SO	Winthrop	23.26	8
39	Yves Thiemele Marco, Jean	FR	Livingstone	23.33	13
40	Hodnett, Jacob	JR	Lynchburg	23.36	9
41	Pennix, McKinley	SO	Bluefield St.	23.37	10
42	Holmes, Darius	SO	Clafin	23.45	7

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 200 Meter Dash)**

	Name	Yr	School	Finals	H#
43	Ade, Alfred	FR	Unattached	23.47	10
44	Flowers, Brian	JR	Lynchburg	23.51	9
45	Anastasio, Luke	JR	Winthrop	23.60	11
46	Isaacs, Joey	SO	Bluefield St.	23.61	9
47	DeRose, Domenic	FR	Regent University	23.65	12
48	Hackett, Connor	FR	High Point	23.66	11
49	Ransone, Will	SO	High Point	23.84	12
50	Ransone, Alex	SO	High Point	24.21	12
51	Lundy, Joshua		Unattached	24.22	11
52	Brown, Quincy	FR	North Carolina Wesleyan	24.27	2
53	Koenig, Logan	FR	Lynchburg	24.31	11
54	Ellis, Asher	FR	Regent University	24.40	13
55	Johnson, Calvin	SR	Winthrop	24.50	11
56	Votour, Antonio	FR	High Point	24.82	10
57	Lacey, Jaidyn	FR	Lynchburg	24.97	12
58	Rodriguez, Nigel	FR	Regent University	25.69	12
59	Welch, Bryant	SO	Bluefield St.	26.26	12

Men 400 Meter Dash

Facility: 46.15 F 2/23/2019 Alejandro Perlaza Zapata, Liberty

	Name	Yr	School	Finals	H#
Finals					
1	Lyons, Jaden	SO	Virginia	47.99	1
	22.738 (22.738)	47.982 (25.244)			
2	Vertus, Isaiah	SO	SC State	48.39	3
	22.671 (22.671)	48.383 (25.713)			
3	Sherman, Alex	JR	Virginia	48.43	1
	22.473 (22.473)	48.422 (25.949)			
4	White IV, Evans	SO	Virginia	48.58	1
	22.987 (22.987)	48.577 (25.590)			
5	Bradford, David	SR	Livingstone	48.63	5
	22.799 (22.799)	48.625 (25.827)			
6	Brooks, Jovan	SO	SC State	48.79	3
	22.934 (22.934)	48.786 (25.852)			
7	Lamparelli, Simon	NA	Unattached	48.92	5
	22.941 (22.941)	48.920 (25.979)			
8	Watkins, Javion	SO	Johnson C. Smith	49.01	5
	23.065 (23.065)	49.009 (25.944)			
9	Alexander, Jacob	FR	SC State	49.03	3
	22.864 (22.864)	49.023 (26.159)			
10	Barker, Jaden	SR	SC State	49.27	2
	22.978 (22.978)	49.262 (26.284)			
11	Belle, Marquis	FR	High Point	49.53	2
	23.743 (23.743)	49.524 (25.782)			
12	Britt, Aidan	JR	High Point	49.56	3
	23.049 (23.049)	49.558 (26.509)			
13	Riley, Jaevon	SO	Clafin	49.71	1
	23.420 (23.420)	49.706 (26.287)			
14	Bell, Kelly	FR	High Point	49.89	2
	23.013 (23.013)	49.882 (26.869)			
15	Gose, Gage	FR	Virginia	49.93	1
	23.465 (23.465)	49.921 (26.457)			

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 400 Meter Dash)**

	Name	Yr	School	Finals	H#
16	Barkwell, Caleb 23.912 (23.912)	50.116 (26.204)	NA Unattached	50.12	5
17	Anderson, Chander 23.333 (23.333)	50.553 (27.220)	SR Claflin	50.56	2
18	Hodnett, Jacob 23.702 (23.702)	50.580 (26.879)	JR Lynchburg	50.58	4
19	Gonzalez-Santiago, Jowell 23.544 (23.544)	50.837 (27.293)	FR Eastern Mennonite	50.84	4
20	Kwakye, Gabriel 23.538 (23.538)	50.845 (27.308)	JR Lynchburg	50.85	6
21	Schroeder, Luke 23.208 (23.208)	50.875 (27.668)	SO Virginia	50.88	2
22	Thomason, Marcus 23.309 (23.309)	51.153 (27.844)	SO Claflin	51.16	6
23	Fearon, Zion 23.771 (23.771)	51.527 (27.757)	SR High Point	51.53	3
24	DeRose, Domenic 24.586 (24.586)	51.944 (27.358)	FR Regent University	51.95	9
25	Muse, Isaiah 23.660 (23.660)	51.945 (28.285)	SO High Point	51.95	4
26	Hubbard, Jaiden 24.942 (24.942)	52.052 (27.110)	FR High Point	52.06	5
27	Anderson, Luke 24.298 (24.298)	52.067 (27.769)	NA Unattached	52.07	7
28	Wilson, Jeremiah 23.414 (23.414)	52.120 (28.707)	SO Virginia	52.12	4
29	Flowers, Brian 23.685 (23.685)	52.163 (28.478)	JR Lynchburg	52.17	6
30	Pennix, McKinley 24.797 (24.797)	52.443 (27.647)	SO Bluefield St.	52.45	7
31	Dennis, Micah 23.730 (23.730)	52.450 (28.720)	NA Unattached	52.45	6
32	Kerr, Joseph 23.789 (23.789)	52.627 (28.838)	FR Eastern Mennonite	52.63	7
33	Gilbert, Louis 23.966 (23.966)	52.916 (28.950)	JR Livingstone	52.92	6
34	Heffinger, Brandon 24.350 (24.350)	53.269 (28.919)	SO Roanoke	53.27	8
35	Cardwell, Max 23.763 (23.763)	53.582 (29.819)	SO Roanoke	53.59	8
36	Ransone, Will 24.574 (24.574)	53.643 (29.069)	SO High Point	53.65	8
37	Kibler, Chris 25.227 (25.227)	53.688 (28.462)	SR Eastern Mennonite	53.69	7
38	Edwards, Jackson 25.876 (25.876)	53.834 (27.958)	FR Lynchburg	53.84	9
39	White, Eric 22.919 (22.919)	53.847 (30.928)	FR SC State	53.85	4
40	Ransone, Alex 24.185 (24.185)	54.076 (29.892)	SO High Point	54.08	9
41	Koenig, Logan 24.804 (24.804)	54.158 (29.354)	FR Lynchburg	54.16	8
42	Urglavitch, Gray 24.833 (24.833)	54.440 (29.608)	FR Eastern Mennonite	54.44	8

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 400 Meter Dash)**

	Name	Yr	School	Finals	H#
43	Ellis, Asher 25.229 (25.229)	FR	Regent University	55.53	9
44	Welch, Bryant 27.292 (27.292)	SO	Bluefield St.	59.16	9
45	Strange, Noah 26.552 (26.552)	SR	North Carolina Wesleyan	59.41	8
46	Therrien, Cy 26.075 (26.075)	JR	Lynchburg	59.52	9

Men 800 Meter Run

Facility: 1:46.59 F 5/6/2021 Alex Amankwah, District Track Club

	Name	Yr	School	Finals	H#
Finals					
1	Murry, Zion 27.141 (27.141)	JR	Clafin	1:55.15	1
2	Soto, Aidan 27.636 (27.636)	SO	High Point	1:55.19	1
3	Sanders, Jakarriez 27.757 (27.757)	SO	Clafin	1:55.91	1
4	Towah, Terry 26.743 (26.743)	SR	Johnson C. Smith	1:58.09	2
5	Sutter, Caleb 27.256 (27.256)	NA	Unattached	1:58.40	1
6	Gore, Reginald 27.872 (27.872)	SO	Clafin	1:58.44	1
7	Campbell, Isaiah 27.176 (27.176)	FR	SC State	1:58.94	2
8	Hayward, Simeon 27.917 (27.917)	FR	High Point	1:59.58	1
9	Rejonis, Cameron 28.163 (28.163)	FR	High Point	2:00.58	1
10	Frasier, Darren 28.395 (28.395)	SR	Winthrop	2:00.69	1
11	Newport, Vegas 27.108 (27.108)	SO	Johnson C. Smith	2:02.98	2
12	Sigman, Luke 27.632 (27.632)	FR	Bluefield St.	2:03.33	2
13	Morales, Peter 28.382 (28.382)	SO	Lynchburg	2:04.26	2
14	Knapp, Andrew 27.363 (27.363)	FR	Winthrop	2:05.25	2
15	Graham, Alex 28.183 (28.183)	FR	Johnson C. Smith	2:06.12	2
16	Kimbrough, Jalon 27.218 (27.218)	JR	SC State	2:09.16	2
17	Sigman, Austin 28.251 (28.251)	NA	Unat-Bluefield St.	2:09.49	2
18	Morgan, Triston 27.140 (27.140)	JR	Winthrop	2:15.33	2

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Men 1000 Meter Run****Facility: 2:21.89 F 1/27/2018 Neil Gourley, Virginia Tech**

	Name	Yr	School	Finals	H#
Finals					
1	Leath, Alex	FR	Virginia	2:24.83	1
	28.328 (28.328)	56.833 (28.505)	1:26.018 (29.185)	1:55.933 (29.915)	
	2:24.827 (28.894)				
2	Schulties, Isaiah	NA	Liberty	2:25.64	1
	28.530 (28.530)	57.354 (28.824)	1:26.489 (29.135)	1:55.790 (29.302)	
	2:25.634 (29.844)				
3	Plummer, Myles	SO	Virginia	2:25.65	1
	28.633 (28.633)	57.572 (28.939)	1:26.955 (29.384)	1:59.395 (32.440)	
	2:25.642 (26.247)				
4	Pitcher, Brendan	SO	Liberty	2:25.89	1
	28.653 (28.653)	57.492 (28.839)	1:26.689 (29.198)	1:56.312 (29.623)	
	2:25.889 (29.578)				
5	Stansbury, Ethan	NA	Unattached	2:27.87	1
	28.768 (28.768)	57.727 (28.959)	1:27.419 (29.693)	1:57.729 (30.310)	
	2:27.862 (30.133)				
6	Thrush, Kyle	NA	Unattached	2:28.53	1
	28.718 (28.718)	57.852 (29.134)	1:27.937 (30.085)	1:58.153 (30.217)	
	2:28.528 (30.375)				
7	Bellamy, Liam	JR	Virginia	2:32.09	1
	28.485 (28.485)	57.244 (28.759)	1:27.702 (30.458)	1:59.205 (31.504)	
	2:32.087 (32.882)				
8	Musssmon, Graham	SO	Liberty	2:32.88	1
	29.003 (29.003)	57.962 (28.959)	1:28.317 (30.355)	1:59.822 (31.505)	
	2:32.879 (33.058)				
9	Kirspel, Jonah	SR	Unattached	2:33.47	2
	28.407 (28.407)	59.470 (31.063)	1:31.775 (32.305)	2:03.554 (31.779)	
	2:33.470 (29.917)				
10	Fernando, Matthew	SO	Virginia	2:34.25	1
	28.978 (28.978)	57.547 (28.569)	1:28.162 (30.615)	1:59.984 (31.823)	
	2:34.249 (34.265)				
11	Latimer, Andrew	SR	SC State	2:41.84	2
	29.390 (29.390)	1:01.674 (32.284)	1:36.511 (34.838)	2:10.241 (33.730)	
	2:41.839 (31.598)				
12	Carrillo-Mendez, Emmanuel	FR	North Carolina Wesleyan	2:49.13	2
	29.577 (29.577)	1:01.292 (31.715)	1:36.810 (35.518)	2:14.427 (37.618)	
	2:49.122 (34.695)				
13	Taylor, Ivan	FR	Clafflin	2:49.43	2
	28.630 (28.630)	1:00.887 (32.258)	1:34.879 (33.992)	2:12.389 (37.510)	
	2:49.422 (37.034)				
14	Robinson, Kristopher	FR	Clafflin	2:52.33	2
	28.250 (28.250)	1:01.060 (32.810)	1:37.411 (36.352)	2:15.412 (38.002)	
	2:52.325 (36.913)				

Men 1 Mile Run**Facility: 3:56.79 F 2/12/2022 Antonio Lopez Segura, Virginia Tech**

	Name	Yr	School	Finals	
Finals					
1	Dupree, Billy	FR	Johnson C. Smith	4:59.21	
	30.992 (30.992)	1:03.296 (32.304)	1:41.846 (38.550)	2:23.363 (41.518)	
	3:05.162 (41.799)	3:46.141 (40.979)	4:25.593 (39.453)	4:59.208 (33.615)	
2	White, Isaiah	SO	Unattached	5:11.47	
	30.619 (30.619)	1:02.884 (32.265)	1:40.161 (37.277)	2:20.344 (40.184)	
	3:01.864 (41.520)	3:43.498 (41.634)	4:26.086 (42.588)	5:11.468 (45.383)	

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Men 3000 Meter Run**

Facility: 7:54.64 F 2/11/2022 Patrick Anderson, North Carolina

	Name	Yr	School	Finals	H#
Finals					
1	Csorba, Frank	JR	Lynchburg	8:06.27	1
	33.129 (33.129)	1:05.861 (32.733)	1:38.592 (32.732)	2:11.424 (32.832)	
	2:44.891 (33.468)	3:18.416 (33.525)	3:51.581 (33.165)	4:24.482 (32.902)	
	4:57.570 (33.088)	5:31.205 (33.635)	6:03.824 (32.619)	6:35.109 (31.285)	
	7:05.931 (30.823)	7:37.062 (31.132)	8:06.269 (29.207)		
2	Jones, Andrew	SO	Virginia	8:07.16	1
	32.802 (32.802)	1:05.574 (32.772)	1:38.225 (32.652)	2:11.171 (32.947)	
	2:44.579 (33.408)	3:18.087 (33.509)	3:51.314 (33.227)	4:24.250 (32.937)	
	4:57.317 (33.068)	5:30.970 (33.653)	6:03.849 (32.879)	6:35.370 (31.522)	
	7:05.779 (30.409)	7:36.614 (30.835)	8:07.152 (30.539)		
3	Miller, Ian	SR	High Point	8:27.37	1
	33.531 (33.531)	1:06.275 (32.744)	1:39.190 (32.915)	2:12.760 (33.570)	
	2:46.682 (33.923)	3:20.761 (34.079)	3:54.406 (33.645)	4:28.314 (33.908)	
	5:03.167 (34.854)	5:38.032 (34.865)	6:13.229 (35.197)	6:48.125 (34.897)	
	7:22.001 (33.877)	7:55.009 (33.008)	8:27.361 (32.353)		
4	Thomson, Jason	JR	High Point	8:30.00	1
	33.795 (33.795)	1:06.509 (32.714)	1:39.472 (32.964)	2:12.957 (33.485)	
	2:46.902 (33.945)	3:20.510 (33.608)	3:54.100 (33.590)	4:28.057 (33.958)	
	5:02.937 (34.880)	5:38.185 (35.248)	6:13.527 (35.343)	6:49.040 (35.513)	
	7:24.186 (35.147)	7:58.095 (33.909)	8:29.991 (31.897)		
5	Aiken, Sean	NA	Unattached	8:31.93	2
	32.624 (32.624)	1:06.653 (34.029)	1:41.610 (34.958)	2:16.492 (34.882)	
	2:51.124 (34.633)	3:26.337 (35.213)	4:01.109 (34.773)	4:34.922 (33.813)	
	5:08.822 (33.900)	5:43.005 (34.184)	6:17.297 (34.292)	6:51.247 (33.950)	
	7:25.210 (33.964)	7:59.198 (33.988)	8:31.927 (32.729)		
6	Tarosky, Jake	JR	High Point	8:34.71	1
	33.994 (33.994)	1:06.771 (32.778)	1:39.670 (32.899)	2:13.180 (33.510)	
	2:47.072 (33.893)	3:21.021 (33.949)	3:54.672 (33.652)	4:28.600 (33.928)	
	5:03.415 (34.815)	5:38.611 (35.197)	6:13.982 (35.372)	6:49.465 (35.483)	
	7:24.902 (35.438)	7:59.935 (35.033)	8:34.707 (34.773)		
7	Cobb, Jonathan	JR	Lynchburg	8:40.96	2
	33.323 (33.323)	1:07.414 (34.092)	1:42.899 (35.485)	2:17.494 (34.595)	
	2:52.299 (34.805)	3:27.789 (35.490)	4:03.122 (35.333)	4:38.555 (35.434)	
	5:13.758 (35.203)	5:49.743 (35.985)	6:26.033 (36.290)	7:01.368 (35.335)	
	7:35.929 (34.562)	8:08.834 (32.905)	8:40.955 (32.122)		
8	Adams, Brannon	NA	Unattached	8:44.40	2
	32.864 (32.864)	1:06.905 (34.042)	1:41.824 (34.919)	2:16.772 (34.948)	
	2:51.319 (34.548)	3:26.552 (35.233)	4:01.242 (34.690)	4:35.230 (33.989)	
	5:09.083 (33.853)	5:43.275 (34.193)	6:17.637 (34.362)	6:52.233 (34.597)	
	7:28.929 (36.697)	8:06.159 (37.230)	8:44.393 (38.234)		
9	Merchant, Preston	NA	Unattached	8:49.18	2
	33.155 (33.155)	1:07.237 (34.082)	1:42.144 (34.908)	2:17.089 (34.945)	
	2:51.642 (34.553)	3:26.869 (35.228)	4:01.553 (34.684)	4:35.685 (34.133)	
	5:10.138 (34.453)	5:45.209 (35.072)	6:21.683 (36.474)	6:59.007 (37.324)	
	7:37.188 (38.182)	8:14.675 (37.488)	8:49.178 (34.503)		
10	Spencer, Kyle	FR	High Point	8:55.41	1
	34.244 (34.244)	1:07.035 (32.792)	1:39.940 (32.905)	2:13.449 (33.509)	
	2:47.387 (33.939)	3:21.391 (34.004)	3:55.275 (33.884)	4:30.276 (35.002)	
	5:07.119 (36.843)	5:44.752 (37.634)	6:22.896 (38.144)	7:01.457 (38.562)	
	7:39.620 (38.163)	8:18.480 (38.860)	8:55.405 (36.925)		

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results**

11	Graham, Sam	JR	Lynchburg	8:57.80	2
	33.753 (33.753)	1:07.894 (34.142)	1:43.382 (35.488)	2:18.180 (34.799)	
	2:53.018 (34.838)	3:28.685 (35.668)	4:04.557 (35.872)	4:40.804 (36.248)	
	5:17.263 (36.459)	5:54.332 (37.069)	6:30.895 (36.564)	7:08.065 (37.170)	
	7:46.039 (37.974)	8:22.832 (36.793)	8:57.794 (34.963)		

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 3000 Meter Run)**

	Name	Yr	School	Finals	H#
12	Morrison, Aiden	JR	High Point	9:01.98	2
	33.370 (33.370)	1:07.607 (34.237)	1:43.027 (35.420)	2:17.679 (34.653)	
	2:52.177 (34.498)	3:27.117 (34.940)	4:02.078 (34.962)	4:37.818 (35.740)	
	5:14.759 (36.942)	5:52.825 (38.067)	6:31.170 (38.345)	7:09.723 (38.553)	
	7:48.089 (38.367)	8:25.932 (37.843)	9:01.979 (36.048)		
13	McGuire, Daniel	NA	Unattached	9:14.50	2
	32.719 (32.719)	1:06.835 (34.117)	1:42.417 (35.582)	2:17.407 (34.990)	
	2:53.135 (35.729)	3:29.860 (36.725)	4:08.083 (38.223)	4:46.790 (38.708)	
	5:25.485 (38.695)	6:04.367 (38.882)	6:42.968 (38.602)	7:22.650 (39.683)	
	8:02.642 (39.992)	8:42.449 (39.808)	9:14.492 (32.043)		
14	Schimmel, Brandon		Unattached	9:15.50	2
	33.733 (33.733)	1:08.210 (34.478)	1:43.797 (35.587)	2:19.159 (35.363)	
	2:55.575 (36.417)	3:32.775 (37.200)	4:10.043 (37.268)	4:46.965 (36.923)	
	5:24.357 (37.392)	6:02.584 (38.228)	6:41.382 (38.798)	7:20.102 (38.720)	
	7:59.148 (39.047)	8:38.204 (39.057)	9:15.497 (37.293)		
15	Latimer, Andrew	SR	SC State	9:35.22	2
	33.953 (33.953)	1:08.704 (34.752)	1:44.954 (36.250)	2:22.065 (37.112)	
	2:59.930 (37.865)	3:38.639 (38.709)	4:18.414 (39.775)	4:58.679 (40.265)	
	5:38.669 (39.990)	6:19.013 (40.344)	6:59.303 (40.290)	7:39.455 (40.153)	
	8:18.999 (39.544)	8:58.362 (39.363)	9:35.218 (36.857)		
---	Plummer, Myles	SO	Virginia	DNF	1
	32.359 (32.359)	1:05.039 (32.680)	1:37.751 (32.713)	2:10.649 (32.898)	
	2:44.074 (33.425)	3:17.569 (33.495)	3:50.819 (33.250)	4:24.175 (33.357)	
---	Bellamy, Liam	JR	Virginia	DNF	1
	31.930 (31.930)	1:04.796 (32.867)	1:37.479 (32.683)	2:10.394 (32.915)	
	2:44.131 (33.738)				
---	Dinkel, Landon	NA	Unattached	DNF	2
	32.049 (32.049)	1:06.400 (34.352)	1:41.345 (34.945)	2:16.254 (34.909)	
	2:50.887 (34.633)	3:26.044 (35.158)	4:00.882 (34.838)	4:36.335 (35.454)	
---	Leath, Alex	FR	Virginia	DNF	1
	32.552 (32.552)	1:05.266 (32.714)	1:37.997 (32.732)	2:10.910 (32.913)	
	2:44.329 (33.419)	3:17.807 (33.479)	3:51.054 (33.247)	4:24.829 (33.775)	

Men 5000 Meter Run

Facility: 13:43.27 F 2/11/2022 Athanas Kioko, Campbell

	Name	Yr	School	Finals
Finals				
1	Immanuel, Bellamy	JR	Eastern Mennonite	15:09.89
	35.971 (35.971)	1:14.301 (38.330)	1:51.078 (36.778)	2:27.634 (36.557)
	3:03.603 (35.969)	3:40.108 (36.505)	4:17.006 (36.898)	4:53.571 (36.565)
	5:30.228 (36.658)	6:07.476 (37.248)	6:44.178 (36.703)	7:20.647 (36.469)
	7:56.762 (36.115)	8:32.673 (35.912)	9:08.521 (35.848)	9:44.511 (35.990)
	10:20.738 (36.228)	10:56.739 (36.002)	11:33.054 (36.315)	12:09.691 (36.637)
	12:46.803 (37.113)	13:23.483 (36.680)	14:00.539 (37.057)	14:35.819 (35.280)
	15:09.889 (34.070)			
2	Greene, Bret		Dirt Road Dogs	15:23.51
	36.168 (36.168)	1:14.568 (38.400)	1:51.326 (36.758)	2:27.916 (36.590)
	3:03.846 (35.930)	3:40.371 (36.525)	4:17.277 (36.907)	4:53.871 (36.594)
	5:30.486 (36.615)	6:07.778 (37.293)	6:44.446 (36.668)	7:20.899 (36.454)
	7:57.008 (36.109)	8:32.928 (35.920)	9:08.836 (35.908)	9:44.856 (36.020)
	10:21.759 (36.904)	11:00.047 (38.288)	11:38.187 (38.140)	12:16.617 (38.430)
	12:55.172 (38.555)	13:32.957 (37.785)	14:10.642 (37.685)	14:47.961 (37.319)
	15:23.503 (35.543)			

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 5000 Meter Run)**

Name	Yr	School	Finals
3 Carvalho, Stephen	NA	Unattached	16:05.67
38.749 (38.749)	1:15.073 (36.324)	1:51.746 (36.673)	2:28.294 (36.549)
3:04.181 (35.887)	3:40.697 (36.517)	4:17.531 (36.834)	4:54.273 (36.743)
5:30.884 (36.612)	6:08.317 (37.433)	6:45.224 (36.908)	7:22.192 (36.968)
7:59.791 (37.599)	8:39.078 (39.288)	9:19.428 (40.350)	9:59.759 (40.332)
10:39.971 (40.212)	11:20.016 (40.045)	12:00.362 (40.347)	12:41.799 (41.438)
13:23.578 (41.779)	14:06.183 (42.605)	14:47.693 (41.510)	15:27.207 (39.514)
16:05.666 (38.459)			
4 Mattison, Truth	FR	Livingstone	17:04.75
39.279 (39.279)	1:18.667 (39.388)	1:57.618 (38.952)	2:37.251 (39.633)
3:19.389 (42.139)	4:02.231 (42.842)	4:46.262 (44.032)	5:29.268 (43.007)
6:11.431 (42.163)	6:51.263 (39.833)	7:32.846 (41.583)	8:15.703 (42.858)
8:57.029 (41.327)	9:39.768 (42.739)	10:20.596 (40.828)	11:01.841 (41.245)
11:43.202 (41.362)	12:25.698 (42.497)	13:06.261 (40.563)	13:47.564 (41.304)
14:28.208 (40.644)	15:04.527 (36.319)	15:45.193 (40.667)	16:28.693 (43.500)
17:04.741 (36.048)			
5 Jeffers, Brandon	FR	Livingstone	17:30.50
39.459 (39.459)	1:19.266 (39.807)	1:58.149 (38.884)	2:37.888 (39.739)
3:19.627 (41.739)	4:02.291 (42.664)	4:45.989 (43.699)	5:28.643 (42.654)
6:10.039 (41.397)	6:51.678 (41.639)	7:33.248 (41.570)	8:16.016 (42.768)
8:57.932 (41.917)	9:40.144 (42.213)	10:21.313 (41.169)	11:03.364 (42.052)
11:45.812 (42.448)	12:28.586 (42.774)	13:11.486 (42.900)	13:55.238 (43.753)
14:39.198 (43.960)	15:22.873 (43.675)	16:06.309 (43.437)	16:50.232 (43.923)
17:30.494 (40.263)			
6 Taranto, Adrian	SR	Livingstone	18:11.54
39.618 (39.618)	1:20.157 (40.539)	1:59.576 (39.419)	2:40.118 (40.543)
3:21.769 (41.652)	4:04.404 (42.635)	4:47.168 (42.764)	5:30.556 (43.388)
6:14.016 (43.460)	6:57.714 (43.699)	7:42.333 (44.619)	8:26.341 (44.008)
9:11.247 (44.907)	9:57.099 (45.853)	10:43.056 (45.957)	11:29.319 (46.264)
12:16.019 (46.700)	13:02.871 (46.852)	13:49.862 (46.992)	14:35.196 (45.334)
15:20.537 (45.342)	16:06.557 (46.020)	16:51.134 (44.578)	17:32.856 (41.722)
18:11.533 (38.678)			
--- Means, Isaiah	FR	Claflin	DNF
39.214 (39.214)	1:20.129 (40.915)	2:01.512 (41.383)	2:43.577 (42.065)
3:27.402 (43.825)	4:12.414 (45.013)	4:57.971 (45.557)	5:45.718 (47.748)
6:33.241 (47.523)	7:20.779 (47.539)	8:09.133 (48.354)	8:57.484 (48.352)
9:45.928 (48.444)	10:36.123 (50.195)	11:27.111 (50.988)	12:18.503 (51.393)
13:09.601 (51.098)	14:00.992 (51.392)	14:52.974 (51.983)	15:45.136 (52.162)
16:37.303 (52.168)	17:29.193 (51.890)	18:17.323 (48.130)	19:03.176 (45.853)

Men 60 Meter Hurdles

Facility: 7.71 F 3/6/2020 Jovaine Atkinson/Kurt Powdar, Liberty/Hinds CC

Name	Yr	School	Prelims	H#
Preliminaries				
1 Wilson, Jeremiah	SO	Virginia	8.02 q	3
2 Djan, Peter	SO	Virginia	8.06 q	3
3 Robinson, Ethan	JR	Virginia	8.08 q	1
4 Blackmon, Matthew	JR	Livingstone	8.20 q	2
5 Gossett, Albrey	JR	Liberty	8.26 q	4
6 Wray, Amontae	FR	Johnson C. Smith	8.29 q	2
7 Johnson, Rayshawn	JR	Liberty	8.35 q	2
8 Gose, Gage	FR	Virginia	8.43 q	4
9 Williams, Jonathan	FR	SC State	8.48	4
10 Gresham, Ian	JR	Winthrop	8.48	3
10 Yacoubou, Jamil		Unattached	8.48	1

Liberty Kickoff - 11/30/2023 to 12/1/2023
Liberty Indoor Track Complex
Results

12	Wilson, Cole	JR High Point	8.51	4
13	Holmes, Darius	SO Claflin	8.61	4

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Preliminaries ... (Men 60 Meter Hurdles)**

Name	Yr	School	Prelims	H#
14 Votour, Antonio	FR	High Point	8.63	3
15 LeBlanc, Felix	SO	High Point	8.65	2
16 Coates, Vince	SO	Livingstone	8.67	1
17 Wright, Matthew	SO	Winthrop	8.72	2
18 Weekman, Zack	NA	Unattached	8.94	1
19 Graham, Daniel	SO	Roanoke	8.94	2
20 Thomason, Marcus	SO	Clafin	8.95	3
21 Harris, Isaiah	SR	Johnson C. Smith	8.97	4
22 Moore, Kai	NA	Unattached	9.05	1
23 Rucker, Cameron	FR	Unattached	9.27	1
24 Rose, Elijah	FR	Lynchburg	9.33	1
25 Bailey, Shaddai	FR	Eastern Mennonite	9.89	2
--- Anderson, Luke	NA	Unattached	DQ	3

Men 60 Meter Hurdles

Facility: 7.71 F 3/6/2020 Jovaine Atkinson/Kurt Powdar, Liberty/Hinds CC

Name	Yr	School	Finals
Finals			
1 Robinson, Ethan	JR	Virginia	7.97
2 Wilson, Jeremiah	SO	Virginia	8.05
3 Blackmon, Matthew	JR	Livingstone	8.11
4 Djan, Peter	SO	Virginia	8.23
5 Wray, Amontae	FR	Johnson C. Smith	8.26
6 Gossett, Albrey	JR	Liberty	8.31
7 Johnson, Rayshawn	JR	Liberty	8.32
8 Gose, Gage	FR	Virginia	8.42

Men 4x400 Meter Relay

Facility: 3:10.34 F 2/1/2020 St. Augustine's, St. Augustine's

Team	Relay	Finals	H#
Finals			
1 Clafin	A	3:16.66	1
1) Anderson, Chander SR	2) Flemister, Jonathan SO	3) Murry, Zion JR	4) Riley, Jaevon SO
49.622 (49.622)	1:38.702 (49.080)	2:27.502 (48.800)	3:16.654 (49.152)
2 Virginia	A	3:17.86	1
1) Gose, Gage FR	2) Trent, Will JR	3) Fish, Jerlan JR	4) Pendarvis, Jay JR
50.002 (50.002)	1:39.850 (49.848)	2:29.286 (49.437)	3:17.859 (48.573)
3 SC State	A	3:20.98	4
1) Barker, Jaden SR	2) Alexander, Jacob FR	3) Brooks, Jovan SO	4) Vertus, Isaiah SO
49.882 (49.882)	1:39.752 (49.870)	2:29.649 (49.898)	3:20.979 (51.330)
4 SC State	B	3:22.65	2
1) White, Eric FR	2) Curnell, Dwayne SR	3) Campbell, Isaiah FR	4) Kimbrough, Jalon JR
52.019 (52.019)	1:42.903 (50.884)	2:33.129 (50.227)	3:22.650 (49.522)
5 High Point	A	3:22.66	1
1) Belle, Marquis FR	2) Bell, Kelly FR	3) Fearon, Zion SR	4) Britt, Aidan JR
50.745 (50.745)	1:41.885 (51.140)	2:33.250 (51.365)	3:22.655 (49.405)
6 Winthrop	A	3:22.95	2
1) Morgan, Triston JR	2) Grant, Reggie SO	3) Gresham, Ian JR	4) Brown, Kevin JR
52.990 (52.990)	1:44.546 (51.557)	2:33.814 (49.268)	3:22.950 (49.137)
7 Livingstone	A	3:23.06	3
1) Strader, Keilan JR	2) Mungo, Jayden JR	3) Lewis, Deven FR	4) Bradford, David SR
51.270 (51.270)	1:43.195 (51.925)	2:33.008 (49.813)	3:23.053 (50.045)

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men 4x400 Meter Relay)**

Team	Relay	Finals	H#
8 Claflin	B	3:24.13	1
1) Sanders, Jakarriez SO	2) McDonald, Dezmond JR	3) Gore, Reginald SO	4) Taylor, Ivan FR
51.695 (51.695)	1:42.332 (50.638)	2:33.199 (50.867)	3:24.121 (50.923)
9 Lynchburg	A	3:26.22	2
1) Flowers, Brian JR	2) Jacobs, Zachary JR	3) Kwakye, Gabriel JR	4) Hodnett, Jacob JR
53.904 (53.904)	1:45.693 (51.789)	2:35.476 (49.784)	3:26.213 (50.737)
10 High Point	B	3:28.33	2
1) Muse, Isaiah SO	2) Hubbard, Jaiden FR	3) Rejonis, Cameron FR	4) McGinnis, Issac FR
51.966 (51.966)	1:43.334 (51.368)	2:34.945 (51.612)	3:28.328 (53.383)
11 Eastern Mennonite	A	3:30.57	2
1) Kerr, Joseph FR	2) Winters, Da'Shawn FR	3) Kibler, Chris SR	4) Gonzalez-Santiago, Jowell F
53.021 (53.021)	1:45.191 (52.170)	2:38.231 (53.040)	3:30.570 (52.339)
12 Lynchburg	B	3:36.93	3
1) Rose, Elijah FR	2) Jones, Jaylen JR	3) Edwards, Jackson FR	4) Raya, Nekolas JR
52.432 (52.432)	1:46.983 (54.552)	2:41.570 (54.588)	3:36.922 (55.352)
13 Livingstone	B	3:40.88	4
1) Gilbert, Louis JR	2) Geddie, Jorden SO	3) Dortch-Johnson, Jamari FR	4) Coates, Vince SO
52.486 (52.486)	1:48.401 (55.915)	2:44.719 (56.319)	3:40.871 (56.152)
14 SC State	C	3:41.23	3
1) Hill, Erick JR	2) Priest, Kaden FR	3) Pettus, Davontavias FR	4) Williams, Jonathan FR
51.589 (51.589)	1:45.670 (54.082)	2:40.604 (54.934)	3:41.223 (1:00.619)
--- High Point	C	DNF	3
1) Ransone, Will SO	2) Ransone, Alex SO	3) Hackett, Connor FR	4) Votour, Antonio FR
54.430 (54.430)	1:47.545 (53.115)	2:41.767 (54.222)	
--- Lynchburg	C	DNF	3
1) Hotung-Davidsen, Magnus S2)	Mosley, D'Monte JR	3) Brent, Alex FR	4) Koenig, Logan FR
55.723 (55.723)	1:52.048 (56.325)	2:57.789 (1:05.742)	

Men High Jump

Facility: 2.24m F 2/25/2022 Kennedy Sauder, Liberty

Name	Yr	School	Finals
Finals			
1 Scotland, Shyhiem	JR	Unattached	2.10m 6-10.75
2 Thomas, Shaun	FR	High Point	J2.10m 6-10.75
3 Morgan, Jocolbi	JR	Claflin	1.90m 6-02.75
4 Williams Jr., Kenneth	SR	Winthrop	J1.90m 6-02.75
5 Rose, Elijah	FR	Lynchburg	J1.90m 6-02.75
6 Cropper, Kevin	SO	Regent University	1.85m 6-00.75
7 Nefe, Trevor	NA	Unat-Bluefield St.	J1.85m 6-00.75
8 Constantinou, Alex	SO	High Point	1.80m 5-10.75
8 Connors, John	FR	High Point	1.80m 5-10.75
--- Garrity, Kaelan	JR	9:24	NH

Men Pole Vault

Facility: 5.75m F 1/23/2021 Scott Houston, Vaulthouse Elite

Name	Yr	School	Finals
Finals			
1 Davenport, Michael		Unattached	5.00m 16-04.75
2 Tuomey, Jackson	JR	High Point	J5.00m 16-04.75
3 Robinson, Maxwell	SO	High Point	4.70m 15-05.00
4 Robinson, Ethan	JR	Virginia	J4.70m 15-05.00
5 Craig, Adam	SR	High Point	4.55m 14-11.00
6 Flack, Hunter	JR	Liberty	4.40m 14-05.25

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men Pole Vault)**

	Name	Yr	School	Finals	
7	Wilson, Cole	JR	High Point	J4.40m	14-05.25
8	Morgan, Jake	SO	High Point	J4.40m	14-05.25
9	Powell, Julian	JR	Lynchburg	4.25m	13-11.25
10	Rucker, Cameron	FR	Unattached	J4.25m	13-11.25
11	Willis, Gabriel	JR	Liberty	J4.25m	13-11.25
12	Brademeyer, Carter	SR	Unattached	J4.25m	13-11.25
13	Noble, Ty	NA	Unattached	J4.25m	13-11.25
14	San Miguel, Antonio Luis		Puerto Rico	4.05m	13-03.50
15	Cowell, Joshua	NA	Unattached	J4.05m	13-03.50
15	Guttery, Reece		Unattached	J4.05m	13-03.50
---	Mosteller, Kyle	SR	Lynchburg	NH	
---	Moore, Kai	NA	Unattached	NH	

Men Long Jump

Facility: 7.78m F 3/6/2020 Shakwon Coke, Barton County CC

	Name	Yr	School	Finals		H#
Finals						
1	Ilesanmi, Michael	NA	Unattached	7.03m	23-00.75	2
2	Harris, Isaiah	SR	Johnson C. Smith	6.95m	22-09.75	2
3	Morgan, Jocolbi	JR	Claflin	6.93m	22-09.00	2
4	Yves Thiemele Marco, Jean	FR	Livingstone	6.78m	22-03.00	1
5	Boucher, Michael	FR	Winthrop	6.73m	22-01.00	2
6	Watkins, Javion	SO	Johnson C. Smith	6.68m	21-11.00	2
7	Hill, Erick	JR	SC State	6.66m	21-10.25	2
8	Wilson, Jordae	SO	Johnson C. Smith	6.63m	21-09.00	2
9	Gonzalez-Santiago, Jowell	FR	Eastern Mennonite	6.58m	21-07.25	1
10	Baker, D.J.	NA	Unattached	6.57m	21-06.75	2
11	LeBlanc, Felix	SO	High Point	6.48m	21-03.25	1
12	Mungo, Jayden	JR	Livingstone	6.42m	21-00.75	2
13	Brown, Darius	SO	Bluefield St.	6.24m	20-05.75	2
14	Hubbard, Jaiden	FR	High Point	6.14m	20-01.75	1
15	Hunter, Bryson	SR	Eastern Mennonite	6.05m	19-10.25	1
16	Winters, Da'Shawn	FR	Eastern Mennonite	6.02m	19-09.00	1
17	Frierson, Elijah	SO	Johnson C. Smith	5.95m	19-06.25	1
18	Cropper, Kevin	SO	Regent University	5.91m	19-04.75	2
19	Nefe, Trevor	NA	Unat-Bluefield St.	5.80m	19-00.50	1
20	King, Elijah	FR	North Carolina Wesleyan	5.63m	18-05.75	2
21	Hotung-Davidsen, Magnus	SO	Lynchburg	5.55m	18-02.50	1
22	Nunn, Jonathan	JR	Livingstone	5.52m	18-01.50	1
23	Garrity, Kaelan	JR	9:24	5.36m	17-07.00	1
24	Lundy, Joshua		Unattached	5.13m	16-10.00	1
---	Rodriguez, Nigel	FR	Regent University	FOUL		1
---	Williams Jr., Kenneth	SR	Winthrop	FOUL		2

Men Triple Jump

Facility: 16.19m F 3/7/2020 Shakwon Coke, Barton County CC

	Name	Yr	School	Finals	
Finals					
1	Smith, Joshua	SO	Liberty	14.61m	47-11.25
2	Wang, Shane	SO	Liberty	14.49m	47-06.50

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men Triple Jump)**

	Name	Yr	School	Finals	
3	Azar-Moise, Luis	SO	Livingstone	14.16m	46-05.50
4	Brown, Darius	SO	Bluefield St.	13.55m	44-05.50
5	Mosley, D'Monte	JR	Lynchburg	12.46m	40-10.50

Men Shot Put

Facility: 20.49m F 2/11/2017 Stipe Zunic, Nike/Croatia

	Name	Yr	School	Finals	H#
Finals					
1	Van Niekerk, Chris	SR	High Point	17.64m	57-10.50
2	Edwards, Jordae	FR	Liberty	16.20m	53-01.75
3	Morse, Nick	SR	High Point	15.91m	52-02.50
4	Backes, Beau	NA	Unattached	14.71m	48-03.25
5	Edelen, Timon	SR	High Point	14.23m	46-08.25
6	Lewis, Brandon	SR	High Point	13.66m	44-09.75
7	Hayes, Jason	NA	Unattached	13.60m	44-07.50
8	Cheeks, Marqui	FR	Livingstone	13.48m	44-02.75
9	Ratliff, Dexter	SR	SC State	13.46m	44-02.00
10	Rice, Myles	SO	Bluefield St.	13.08m	42-11.00
11	Hare Jr., Martin	FR	SC State	12.91m	42-04.25
12	Wilson, Cole	JR	High Point	12.84m	42-01.50
13	Barnes, Desmond	JR	North Carolina Wesleyan	12.49m	40-11.75
14	LeBlanc, Felix	SO	High Point	12.34m	40-06.00
15	Speaks, Timothy	SO	Winthrop	12.20m	40-00.50
16	Agbasi, Ayden	FR	Lynchburg	11.69m	38-04.25
17	Willis, Gabriel	JR	Liberty	11.56m	37-11.25
18	Jah, Samba	SO	Bluefield St.	11.11m	36-05.50
19	Chavis, Devin	JR	Winthrop	10.78m	35-04.50
20	Smith, Thomas	JR	Bluefield St.	10.77m	35-04.00
21	Voell, Daniel	JR	Winthrop	10.58m	34-08.50
22	Spangler, Ethan	SO	Bluefield St.	10.20m	33-05.75
23	Hotung-Davidsen, Magnus	SO	Lynchburg	9.55m	31-04.00
24	Hubbard, Lucas	SO	Regent University	8.52m	27-11.50
25	Burrell, Xavier	SO	Claflin	7.40m	24-03.50
26	Pond, Evan	SO	Regent University	7.28m	23-10.75
27	Mungo, Jayden	JR	Livingstone	7.07m	23-02.50
---	Nunn, Jonathan	JR	Livingstone	FOUL	

Men Weight Throw

Facility: 23.41m F 2/11/2022 Alex Young, Unattached

	Name	Yr	School	Finals	H#
Finals					
1	Coleman, Desmond	SO	Liberty	19.49m	63-11.50
2	Hicks, John	SR	Liberty	19.46m	63-10.25
3	Ratliff, Dexter	SR	SC State	18.29m	60-00.25
4	Hicks, Christian	SO	Liberty	17.78m	58-04.00
5	Backes, Beau	NA	Unattached	17.58m	57-08.25
6	Hayes, Jason	NA	Unattached	16.24m	53-03.50
7	Speaks, Timothy	SO	Winthrop	15.63m	51-03.50
8	Edelen, Timon	SR	High Point	15.34m	50-04.00
9	Chatman, Anthony	FR	Johnson C. Smith	14.42m	47-03.75

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Men Weight Throw)**

	Name	Yr	School	Finals		H#
10	Coleman, Devin	NA	Unattached	13.93m	45-08.50	2
11	Chavis, Devin	JR	Winthrop	13.70m	44-11.50	1
12	Ruff, Michael	JR	Lynchburg	13.09m	42-11.50	1
13	Hare Jr., Martin	FR	SC State	13.00m	42-08.00	1
14	Lewis, Brandon	SR	High Point	12.46m	40-10.50	1
15	McCormick, Andy	SO	Lynchburg	11.80m	38-08.75	1
16	Parham, Ajaden	FR	Johnson C. Smith	11.19m	36-08.50	2
17	Voell, Daniel	JR	Winthrop	10.72m	35-02.00	1

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Facility: 7.00 F 1/26/2018 Chukwuma Maduka, Liberty

	Name	Yr	School	Finals	H#
Finals					
1	Alleyne, Jalen	SO	SC State	6.92 F	3
2	Van Duren, Daniel	JR	Liberty	7.08	3
3	Bryan, Anthony	JR	Liberty	7.13	3
4	Sheryak, Joe		Athletic Lab TC	7.27	3
5	Wetherington, Connor	SO	Charlotte	7.28	2
6	Reeves, Will	FR	High Point	7.29	2
7	Smith, Luke	SO	Virginia	7.30	1
8	Bleam, Hunter	SO	Liberty	7.35	2
9	Sullivan, Henry	FR	Virginia	7.39	2
10	Peterlin, Cole	JR	Liberty	7.39	3
11	Mills, Evan	JR	High Point	7.48	2
12	Cramer, Nick	FR	High Point	7.50	1
13	Mitchell, Kevin	FR	High Point	7.51	2
14	George, Kenton	FR	SC State	7.60	3
15	Caivano, David	SO	High Point	7.61	1
16	Kilpatrick, Lawson		Unattached	7.66	1
17	Garguilo, Eric	SO	High Point	7.92	1

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Facility: 2:43.67 F 2/16/2019 Pablo Romero, High Point

	Name	Yr	School	Finals
Finals				
1	George, Kenton	FR	SC State	2:53.39
	32.194 (32.194) 2:53.384 (2:21.190)			
2	Mills, Evan	JR	High Point	2:58.23
	32.526 (32.526) 2:58.223 (2:25.697)			
3	Sheryak, Joe		Athletic Lab TC	2:59.55
	33.704 (33.704) 2:59.546 (2:25.843)			
4	Cramer, Nick	FR	High Point	3:00.42
	33.526 (33.526) 3:00.411 (2:26.885)			
5	Smith, Luke	SO	Virginia	3:01.62
	33.901 (33.901) 3:01.611 (2:27.710)			
6	Sullivan, Henry	FR	Virginia	3:01.92
	33.199 (33.199) 3:01.919 (2:28.720)			
7	Reeves, Will	FR	High Point	3:03.04
	33.276 (33.276) 3:03.031 (2:29.755)			
8	Caivano, David	SO	High Point	3:03.22
	34.828 (34.828) 3:03.211 (2:28.384)			

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Heptathlon: #7 Men 1000 Meter Run Heptathlon)**

	Name	Yr	School	Finals
9	Wetherington, Connor 31.406 (31.406) 3:06.739 (2:35.333)	SO	Charlotte	3:06.74
10	Mitchell, Kevin 34.021 (34.021) 3:08.888 (2:34.867)	FR	High Point	3:08.89
11	Garguilo, Eric 35.573 (35.573) 3:29.721 (2:54.149)	SO	High Point	3:29.73
12	Alleyne, Jalen 36.273 (36.273) 3:34.051 (2:57.779)	SO	SC State	3:34.06
---	Kilpatrick, Lawson 34.925 (34.925)		Unattached	DNF

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Facility: 7.95 F 1/22/2021 Jack Flood, Athletic Lab TC

	Name	Yr	School	Finals	H#
Finals					
1	Peterlin, Cole	JR	Liberty	8.20	3
2	Sullivan, Henry	FR	Virginia	8.34	2
3	Wetherington, Connor	SO	Charlotte	8.44	3
4	Alleyne, Jalen	SO	SC State	8.61	3
5	Sheryak, Joe		Athletic Lab TC	8.73	2
6	Bleam, Hunter	SO	Liberty	8.84	2
7	Smith, Luke	SO	Virginia	8.91	1
8	Kilpatrick, Lawson		Unattached	8.98	1
9	Caivano, David	SO	High Point	8.99	2
10	George, Kenton	FR	SC State	9.20	3
11	Mills, Evan	JR	High Point	9.36	2
12	Reeves, Will	FR	High Point	9.45	1
13	Mitchell, Kevin	FR	High Point	9.54	1
14	Garguilo, Eric	SO	High Point	9.58	2
15	Cramer, Nick	FR	High Point	9.69	1

Heptathlon: #4 Men High Jump Heptathlon

Facility: 2.15m F 3/6/2020 Romaine Beckford, South Plains College

	Name	Yr	School	Finals
Finals				
1	Peterlin, Cole	JR	Liberty	1.99m 6-06.25
2	Cramer, Nick	FR	High Point	1.90m 6-02.75
2	Bleam, Hunter	SO	Liberty	1.90m 6-02.75
4	Bryan, Anthony	JR	Liberty	1.87m 6-01.50
5	Sullivan, Henry	FR	Virginia	1.81m 5-11.25
6	Mills, Evan	JR	High Point	1.78m 5-10.00
6	Sheryak, Joe		Athletic Lab TC	1.78m 5-10.00
6	George, Kenton	FR	SC State	1.78m 5-10.00
9	Caivano, David	SO	High Point	1.75m 5-08.75
9	Alleyne, Jalen	SO	SC State	1.75m 5-08.75
9	Wetherington, Connor	SO	Charlotte	1.75m 5-08.75
12	Kilpatrick, Lawson		Unattached	1.72m 5-07.75
13	Mitchell, Kevin	FR	High Point	1.69m 5-06.50
14	Reeves, Will	FR	High Point	1.66m 5-05.25
15	Smith, Luke	SO	Virginia	1.63m 5-04.25
16	Garguilo, Eric	SO	High Point	1.45m 4-09.00

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Heptathlon: #6 Men Pole Vault Heptathlon****Facility: 5.00m F 1/22/2021 Tyler Grob, Athletic Lab TC**

	Name	Yr	School	Finals	
Finals					
1	Sullivan, Henry	FR	Virginia	4.45m	14-07.25
2	Caivano, David	SO	High Point	4.35m	14-03.25
2	Wetherington, Connor	SO	Charlotte	4.35m	14-03.25
4	George, Kenton	FR	SC State	3.85m	12-07.50
4	Garguilo, Eric	SO	High Point	3.85m	12-07.50
6	Kilpatrick, Lawson		Unattached	3.75m	12-03.50
7	Mills, Evan	JR	High Point	3.65m	11-11.75
8	Cramer, Nick	FR	High Point	3.45m	11-03.75
9	Reeves, Will	FR	High Point	3.35m	10-11.75
10	Smith, Luke	SO	Virginia	3.25m	10-08.00
11	Alleyne, Jalen	SO	SC State	3.15m	10-04.00
---	Bleam, Hunter	SO	Liberty	NH	
---	Sheryak, Joe		Athletic Lab TC	NH	
---	Mitchell, Kevin	FR	High Point	NH	

Heptathlon: #2 Men Long Jump Heptathlon**Facility: 7.11m F 2/10/2017 Zach Davis, Liberty**

	Name	Yr	School	Finals	
Finals					
1	Bryan, Anthony	JR	Liberty	6.85m	22-05.75
2	Caivano, David	SO	High Point	6.72m	22-00.75
3	Mills, Evan	JR	High Point	6.71m	22-00.25
4	Van Duren, Daniel	JR	Liberty	6.60m	21-08.00
5	Alleyne, Jalen	SO	SC State	6.47m	21-02.75
6	Kilpatrick, Lawson		Unattached	6.30m	20-08.00
7	Smith, Luke	SO	Virginia	6.27m	20-07.00
8	Reeves, Will	FR	High Point	6.25m	20-06.25
9	Wetherington, Connor	SO	Charlotte	6.24m	20-05.75
10	Bleam, Hunter	SO	Liberty	6.21m	20-04.50
11	Sullivan, Henry	FR	Virginia	6.17m	20-03.00
12	Sheryak, Joe		Athletic Lab TC	6.10m	20-00.25
13	Peterlin, Cole	JR	Liberty	6.07m	19-11.00
14	George, Kenton	FR	SC State	5.91m	19-04.75
15	Mitchell, Kevin	FR	High Point	5.90m	19-04.25
16	Cramer, Nick	FR	High Point	5.71m	18-09.00
17	Garguilo, Eric	SO	High Point	5.26m	17-03.25

Heptathlon: #3 Men Shot Put Heptathlon**Facility: 15.15m F 1/21/2021 Dylan Cooper, Athletic Lab TC**

	Name	Yr	School	Finals	
Finals					
1	Bryan, Anthony	JR	Liberty	13.02m	42-08.75
2	Van Duren, Daniel	JR	Liberty	12.59m	41-03.75
3	Peterlin, Cole	JR	Liberty	12.58m	41-03.25
3	Smith, Luke	SO	Virginia	12.58m	41-03.25
5	Bleam, Hunter	SO	Liberty	12.26m	40-02.75
6	Sheryak, Joe		Athletic Lab TC	12.21m	40-00.75

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results****Finals ... (Heptathlon: #3 Men Shot Put Heptathlon)**

	Name	Yr	School	Finals	
7	Sullivan, Henry	FR	Virginia	12.11m	39-08.75
8	Mills, Evan	JR	High Point	11.00m	36-01.25
9	Wetherington, Connor	SO	Charlotte	10.40m	34-01.50
10	Cramer, Nick	FR	High Point	10.34m	33-11.25
11	George, Kenton	FR	SC State	9.92m	32-06.50
12	Caivano, David	SO	High Point	9.79m	32-01.50
13	Kilpatrick, Lawson		Unattached	9.65m	31-08.00
14	Reeves, Will	FR	High Point	8.74m	28-08.25
15	Garguilo, Eric	SO	High Point	8.04m	26-04.50
16	Mitchell, Kevin	FR	High Point	7.72m	25-04.00
17	Alleyne, Jalen	SO	SC State	7.69m	25-02.75

Men Heptathlon

Facility: 5608 F 1/21/2022 Dylan Cooper, Athletic Lab TC

	Name	Yr	School	Finals	H#
Finals					
1	Sullivan, Henry	FR	Virginia	4912	
2	Wetherington, Connor	SO	Charlotte	4709	
3	Caivano, David	SO	High Point	4581	
4	Mills, Evan	JR	High Point	4493	
5	Smith, Luke	SO	Virginia	4387	
6	George, Kenton	FR	SC State	4347	
7	Cramer, Nick	FR	High Point	4188	
8	Alleyne, Jalen	SO	SC State	4132	
9	Sheryak, Joe		Athletic Lab TC	4101	
10	Reeves, Will	FR	High Point	4074	
11	Kilpatrick, Lawson		Unattached	3638	
12	Mitchell, Kevin	FR	High Point	3372	
13	Garguilo, Eric	SO	High Point	3339	

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results - Indoor Pentathlon****Women Indoor Pentathlon Group A**

	Points	60H	HJ	SP	LJ	800
1 Bryan, Patasha Liberty SO	3814	8.95 (920)	1.65m (795)	11.65m 38-02.75 (638)	5.45m 17-10.75 (686)	2:23.64 (775)
2 Hedberg, Ebba Coastal Carolina FR	3681	9.18 (873)	1.65m (795)	10.75m 35-03.25 (579)	5.75m 18-10.5 (774)	2:32.65 (660)
3 Gregory, Sasha Charlotte FR	3455	8.90 (931)	1.62m (759)	8.64m 28-04.25 (441)	5.53m 18-01.75 (709)	2:36.35 (615)
4 Goebel, Meg Coastal Carolina SR	3357	8.83 (946)	1.56m (689)	9.05m 29-08.25 (467)	5.15m 16-10.75 (601)	2:33.15 (654)
5 Thurgood, Hollie Elon SR	3135	9.36 (836)	1.50m (621)	11.64m 4-11 38-02.25 (637)	5.10m 16-08.75 (587)	2:50.88 (454)
6 Williams, TyQwasia SC State FR	2856	9.80 (750)	1.44m (555)	7.08m 4-08.75 23-02.75 (340)	4.86m 15-11.5 (522)	2:30.27 (689)
7 Laws, Lydia Unattached	2787	9.02 (906)	NH (0)	8.76m 28-09 (449)	5.65m 18-06.5 (744)	2:30.40 (688)
8 Palmer, Jayla SC State FR	2761	9.10 (889)	1.41m (523)	8.08m 4-07.5 26-06.25 (405)	5.34m 17-06.25 (654)	3:08.58 (290)
9 Jones, Makayla SC State SR	2617	10.04 (705)	1.35m (460)	8.23m 4-05 27-00 (414)	4.50m 14-09.25 (428)	2:36.82 (610)
10 Valdez, Lael SC State FR	2420	11.04 (530)	1.41m (523)	8.83m 4-07.5 28-11.75 (453)	4.61m 15-01.5 (456)	2:50.50 (458)
DNF Paul, Gianna High Point FR		8.92 (927)	DNS (0)	DNS (0)	DNS (0)	DNS (0)
DNF James, Monay Winthrop SR		9.49 (810)	1.38m (491)	11.20m 4-06.25 36-09 (608)	4.86m 15-11.5 (522)	DNS (0)

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results - Indoor Pentathlon****Women Indoor Pentathlon Group B**

	Points	60H	HJ	SP	LJ	800
1 Greenhagel, Paige Liberty FR	3143	9.86 (738)	1.56m 5-01.25 (689)	8.42m 27-07.5 (427)	5.45m 17-10.75 (686)	2:37.43 (603)
2 Howard, Grace Coastal Carolina FR	3129	9.43 (822)	1.62m 5-03.75 (759)	8.32m 27-03.75 (420)	5.33m 17-06 (651)	2:48.76 (477)
3 Van Arsdale, Sofia Liberty JR	3019	10.12 (690)	1.44m 4-08.75 (555)	10.61m 34-09.75 (569)	5.06m 16-07.25 (576)	2:35.21 (629)
4 Fung-Chung, Brooke Coastal Carolina FR	2931	10.13 (688)	1.62m 5-03.75 (759)	7.83m 25-08.25 (388)	5.08m 16-08 (581)	2:45.20 (515)
5 Lopez, Lizzie Elon SO	2908	9.88 (735)	1.59m 5-02.5 (724)	7.03m 23-00.75 (337)	4.91m 16-01.5 (535)	2:39.66 (577)
6 Coleman, Nimeesha Liberty JR	2875	9.37 (834)	1.44m 4-08.75 (555)	9.50m 31-02 (497)	4.28m 14-00.5 (374)	2:36.37 (615)
7 Fox, Margo Lynchburg SO	2829	10.43 (634)	1.53m 5-00.25 (655)	9.11m 29-10.75 (471)	4.92m 16-01.75 (538)	2:43.71 (531)
8 Lewis, Mia Coastal Carolina SO	2748	9.40 (828)	1.47m 4-09.75 (588)	8.48m 27-10 (430)	5.07m 16-07.75 (578)	3:04.51 (324)
9 Bugenhagen, Ava High Point FR	2570	10.03 (706)	1.41m 4-07.5 (523)	7.57m 24-10 (372)	4.25m 13-11.5 (367)	2:37.53 (602)
10 Miller, Anna Lynchburg FR	2367	10.61 (602)	1.35m 4-05 (460)	6.74m 22-01.5 (318)	4.60m 15-01.25 (454)	2:43.49 (533)
11 Cooper, Sydney SC State SO	2312	10.05 (703)	1.35m 4-05 (460)	7.31m 23-11.75 (355)	4.28m 14-00.5 (374)	2:54.30 (420)
12 Greene, Kaitlyn High Point FR	2087	11.57 (447)	1.41m 4-07.5 (523)	6.58m 21-07.25 (308)	4.51m 14-09.75 (431)	2:58.60 (378)

Liberty Kickoff - 11/30/2023 to 12/1/2023**Liberty Indoor Track Complex****Results - Heptathlon****Men Heptathlon**

	Points	60	LJ	SP	HJ	Day1	60H	PV	1000
1 Sullivan, Henry Virginia FR	4912	7.39 (749)	6.17m 20-03 (624)	12.11m 39-08.75 (613)	1.81m 5-11.25 (636)	2622	8.34 (898)	4.45m 14-07.25 (746)	3:01.92 (646)
2 Wetherington, Conno Charlotte SO	4709	7.28 (785)	6.24m 20-05.75 (639)	10.40m 34-01.5 (510)	1.75m 5-08.75 (585)	2519	8.44 (874)	4.35m 14-03.25 (716)	3:06.74 (600)
3 Caivano, David High Point SO	4581	7.61 (678)	6.72m 22-00.75 (748)	9.79m 32-01.5 (473)	1.75m 5-08.75 (585)	2484	8.99 (748)	4.35m 14-03.25 (716)	3:03.22 (633)
4 Mills, Evan High Point JR	4493	7.48 (719)	6.71m 22-00.25 (746)	11.00m 36-01.25 (546)	1.78m 5-10 (610)	2621	9.36 (668)	3.65m 11-11.75 (522)	2:58.23 (682)
5 Smith, Luke Virginia SO	4387	7.30 (779)	6.27m 20-07 (646)	12.58m 41-03.25 (642)	1.63m 5-04.25 (488)	2555	8.91 (766)	3.25m 10-08 (418)	3:01.62 (648)
6 George, Kenton SC State FR	4347	7.60 (681)	5.91m 19-04.75 (567)	9.92m 32-06.5 (481)	1.78m 5-10 (610)	2339	9.20 (702)	3.85m 12-07.5 (576)	2:53.39 (730)
7 Cramer, Nick High Point FR	4188	7.50 (713)	5.71m 18-09 (525)	10.34m 33-11.25 (506)	1.90m 6-02.75 (714)	2458	9.69 (601)	3.45m 11-03.75 (469)	3:00.42 (660)
8 Alleyne, Jalen SC State SO	4132	6.92 (911)	6.47m 21-02.75 (691)	7.69m 25-02.75 (348)	1.75m 5-08.75 (585)	2535	8.61 (834)	3.15m 10-04 (393)	3:34.06 (370)
9 Sheryak, Joe Athletic Lab TC	4101	7.27 (789)	6.10m 20-00.25 (608)	12.21m 40-00.75 (619)	1.78m 5-10 (610)	2626	8.73 (806)	NH (0)	2:59.55 (669)
10 Reeves, Will High Point FR	4074	7.29 (782)	6.25m 20-06.25 (641)	8.74m 28-08.25 (410)	1.66m 5-05.25 (512)	2345	9.45 (650)	3.35m 10-11.75 (444)	3:03.04 (635)
11 Kilpatrick, Lawson Unattached	3638	7.66 (662)	6.30m 20-08 (652)	9.65m 31-08 (465)	1.72m 5-07.75 (560)	2339	8.98 (750)	3.75m 12-03.5 (549)	DNF (0)
12 Mitchell, Kevin High Point FR	3372	7.51 (710)	5.90m 19-04.25 (565)	7.72m 25-04 (350)	1.69m 5-06.5 (536)	2161	9.54 (631)	NH (0)	3:08.89 (580)
13 Garguilo, Eric High Point SO	3339	7.92 (583)	5.26m 17-03.25 (433)	8.04m 26-04.5 (369)	1.45m 4-09 (352)	1737	9.58 (623)	3.85m 12-07.5 (576)	3:29.73 (403)
DNF Van Duren, Daniel Liberty JR		7.08 (854)	6.60m 21-08 (720)	12.59m 41-03.75 (642)	DNS (0)		DNS (0)	DNS (0)	DNS (0)

Results - Heptathlon

DNF	Peterlin, Cole	7.39	6.07m	12.58m	1.99m	8.20	DNS	DNS
	Liberty		19-11	41-03.25	6-06.25			
	JR	(749)	(602)	(642)	(794)	(932)	(0)	(0)

DNF	Bryan, Anthony	7.13	6.85m	13.02m	1.87m	DNS	DNS	DNS
	Liberty		22-05.75	42-08.75	6-01.5			
	JR	(837)	(778)	(668)	(687)	(0)	(0)	(0)

DNF	Bleam, Hunter	7.35	6.21m	12.26m	1.90m	8.84	NH	DNS
	Liberty		20-04.5	40-02.75	6-02.75			
	SO	(762)	(632)	(622)	(714)	(781)	(0)	(0)

DNF	Kirspel, Jonah	DNS	DNS	DNS	DNS	DNS	DNS	DNS
	Unattached							
	SR	(0)	(0)	(0)	(0)	(0)	(0)	(0)